



Adult Interclub Competition
single skating, pair skating, ice dance & synchronized
skating

hosted by Berliner TSC e.V.
with the friendly assistance of the Berliner Eissport Verband e.V.

location: Erika-Hess-Eisstadion Berlin
Müllerstraße 185 in 13353 Berlin, Germany

March 5th – 8th, 2015

OVERVIEW

1.1 CONTACT

Please direct all questions regarding the competition – preferably by email – to:

info@skate-berlin-adults.de

1.2 REGISTRATION

Registration must be received by February 1st, 2015.

Please register via your club. All detailed information about the competition will be sent directly to the skaters. Please send the completed form

by **email** to: anmeldung@skate-berlin-adults.de

by **post** to:

Berliner TSC
Abteilung Eiskunstlauf
Paul-Heyse-Str. 25
10407 Berlin
Germany

The registration fees are:

- 50 Euros for the first single competition
- 25 Euros for each additional single competition
- 30 Euros for each partner in a pair for the first competition
- 25 Euros for each partner in a pair for each additional competition
- 300 Euros for each team in synchronized skating

The fees must be paid at the time of registration. Please transfer the money to the following account:

BTSC Abt. Eiskunstlauf
IBAN: DE92 1009 0000 1172 9891 16
BIC: BEVODEBBXXX
Berliner Volksbank

Purpose of payment: Skate Berlin Adults — „*your name*“ or „*name of the team*“

The registration fee will not be refunded. Together with the registration form, the “Planned Program Content” form must be included (see attachment). This must be filled out with English **abbreviations for the elements**.

2 GENERAL INFORMATION

2.1 PURPOSE OF THE EVENT

The purpose of the event is the promotion of figure skating through competition.

2.2 CONDITIONS OF PARTICIPATION

Participation in the competition Skate Berlin Adults is open to all athletes who

- are members of a regional skating association which belongs to an ISU member federation or an ISU member federation
- fit into the age groups in this announcement
- since July 1, 2014, have not participated in a national or international competition of the ISU/DEU/National Governing Bodies (exception: adult competitions).

2.3 AGE CATEGORIES

Your age before July 1st, 2014, determines the group you skate in. You must be at least 18 years old.

Young Adults	born between July 1st, 1986, and June 30th, 1996
Class I	born between July 1st, 1976, and June 30th, 1986
Class II	born between July 1st, 1966, and June 30th, 1976
Class III	born between July 1st, 1956, and June 30th, 1966
Class IV	born between July 1st, 1946, and June 30th, 1956
Class V	born before July 1st, 1946

All age groups can be further divided or put together, depending on the number of registrations. Proof of age must be presented for all competitions. This can be a copy of a birth certificate, passport or identity card.

Members of Synchronized Teams must have reached the age of 25 before July 1st, preceding the event, except that one quarter (25%) of the skaters (the alternate skaters do not count for that quota) on a team may compete who have reached at least the age of eighteen (18) before July 1st preceding the event.

2.4 JUDGING

The competition will be conducted according to the current DKB, ISU provisions (ISU Constitution and General Regulations 2010, ISU Special Regulations and Technical Rules Single and Pair Skating and Ice Dance 2010, as well as all relevant ISU Communications) and DEU information, as long as nothing else is stated in this announcement.

The rule that jumps and lifts in the second half of the program are to be multiplied by a factor of 1.1 will not be used.

The decisions of the judges are final and cannot be challenged.

2.5 WARM-UP GROUPS

In the single categories (Ladies and Men Free Skating and Artistic) 6 skaters are permitted in a warm-up group, independent of which competition category they start in. If fewer than 6 skaters are in a category, warm-up groups may be combined.

In the pair categories (ice dance and pairs) there will be a maximum of 5 pairs in a warm-up group.

In the synchronized category there will be a two (2) minutes warm up for every team. There is no area for off-ice training.

2.5.1 Classification of Levels

Participants can register for different levels in Free Skating and Artistic (example: Silver Free Skating and Gold Artistic). In addition, skaters can register for a different level than in the previous year (due to injury, age).

Each participant can choose his/her own level. We request that skaters please make a fair appraisal of his/her level, and we will gladly assist you in deciding, if you need help.

2.6 AWARDS/CERTIFICATES

The first three places in each category will receive an award.

2.7 DVD

All categories will be filmed.

A **professional DVD** with case and cover will be produced in HD for purchase. You can order DVDs when you register.

DVDs can be ordered for
a category
a complete day or days
the complete competition

The DVDs can be picked up on the last day of competition, or they will be sent by post within Germany one week at the latest after the competition.

Contact information of the cameraman:

Björn Hülbert
Defreggerstraße 5

12435 Berlin
Germany
Tel.: +49 / 30 / 86 38 27 88
e-mail: info@spreelee.de

3 COMPETITION

The competition „Skate Berlin Adults“ has the following categories:

Ladies and Men **Free Skating**
Ice Dance (Pattern, Short and Free Dance)
Ladies and Men **Artistic Free Skating**
Pair Skating, Pair Artistic Skating
Synchronized Skating

3.1 Ladies/Men Free Skating

3.1.1 Elite Free Skating

The maximum time is 3 min. 10 sec., but may be less. Vocal music is permitted.

This Level has the same technical requirements as those for the category Masters Free Skating and will be available for skaters who have taken part in national or international championships (non-adult).

3.1.2 Masters Free Skating

The maximum time is 3 min. 10 sec., but may be less. Vocal music is permitted.

A competitor in the Masters Free Skating event must perform a well-balanced program that may contain:

- a. A maximum of seven (7) jump elements, one of which must be an Axel type jump. Single, double and triple jumps are permitted. Any jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence. A jump combination may consist of the same or another single, double or triple jump. There may be up to three jump combinations or jump sequences in the Free Program. One jump combination may consist of up to three (3) listed jumps, the other two may consist of up to two (2) listed jumps. A jump sequence may consist of any number of jumps of any number of revolutions that may be linked by non-listed jumps like mazurkas, etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no steps/ turns, crossovers or stroking during the sequence. However, only the two jumps with the highest value will contribute to the technical score. Please note that a half-loop in combination or in a sequence with any other listed jump will be called as a listed jump (1Lo). Non-listed jumps may be included in the program as part of connecting footwork.

- b. A maximum of three (3) spins of a different abbreviation, one of which must be a spin combination with a change of foot and one must be a flying spin. The spins must have a required minimum number of revolutions: five (5) for the flying spin with no change of foot after landing, five (5) for the spin with only one position and no change of foot and five (5) for the spin combination with no change of foot and eight (4 + 4) for the spin combination with change of foot or spin in one position with a change of foot. There must be a minimum of two (2) revolutions in each position or the position will not be counted.
- c. A maximum of one Step Sequence (StSq) fully utilizing the ice surface.
- d. A Choreographic Step Sequence which consists of any kind of movements like steps, turns, spirals, arabesques, spread Eagles, Ina Bauers, hydroblading, transitional (unlisted) jumps, spinning movements etc. The Choreographic Step Sequence commences with the first move and is concluded with the last move of the skater. The pattern is not restricted. A Choreographic Step Sequence has a base value and will be evaluated by the judges in GOE only.

The Choreographic Step Sequence has to be performed later than the step sequence. Only the first attempt of a step sequence or a choreographic sequence will contribute to the technical score.

The Program Components are multiplied by a factor of 1.6.

3.1.3 Gold Free Skating

The maximum time is 2 min 40 sec., but may be less. Vocal music is permitted.

A competitor in the Adult Gold Free Skating event must perform a well- balanced program that may contain:

- a. A maximum of six (6) jump elements, consisting of any single or double jumps (including a single Axel) except double Flip, double Lutz and double Axel. No triple jumps are permitted. Any jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence. A jump combination may consist of the same or another single or double jump with the exclusion of the jumps as above. There may be up to three jump combinations or jump sequences in the Free Program. One jump combination may consist of up to three (3) listed jumps, the other two may consist of up to two (2) listed jumps. A jump sequence may consist of any number of single and double jumps, excluding a double Flip, a double Lutz, a double Axel and all triple jumps, that may be linked by non- listed jumps like mazurkas, etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no turns/steps, crossovers or stroking during the sequence. However, only the two jumps with the highest value will contribute to the technical score. Please note that a half-loop in combination or in a sequence with any other listed jump will be called as a listed jump (1Lo). Non-listed jumps may be included in the program as part of connecting footwork, preceding single or double jumps.
- b. A maximum of three (3) spins of a different abbreviation, one of which must be a spin combination with a change of foot and one must be a flying spin. The spins must have a required minimum number of revolutions: four (4) for the flying spin with no change of foot

after landing, four (4) for the spin with only one position and no change of foot and four (4) for the spin combination with no change of foot and eight (4 + 4) for the spin combination with change of foot or spin in one position with a change of foot. There must be a minimum of two (2) revolutions in each position or the position will not be counted.

- c. A maximum of one Choreographic Step Sequence (ChSq), covering the full ice surface. A Choreographic Step Sequence consists of any kind of movements like steps, turns, spirals, arabesques, spread eagles, Ina Bauers, hydroblading, transitional (unlisted) jumps, spinning movements etc. The Choreographic Step Sequence commences with the first move and is concluded with the last move of the skater. The pattern is not restricted. A Choreographic Step Sequence has a base value and will be evaluated by the judges in GOE only.

| The Program Components are multiplied by a factor of 1.6.

3.1.4 Silver Free Skating

The maximum time is 2 min. 10 sec., but may be less. Vocal music is permitted.

A competitor in the Adult Silver Free Skating event must perform a well- balanced program that may contain:

- a. A maximum of five (5) jump elements. The single Axel and all other single jumps are permitted. No double jumps or triple jumps are permitted. Any jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence. A jump combination may consist of the same or another single jump. There may be up to three jump combinations or jump sequences in the Free Program. One jump combination may consist of up to three (3) listed jumps, the other two may consist of up to two (2) listed jumps. A jump sequence may consist of any number of single jumps that may be linked by non-listed jumps like mazurkas, etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no turns/steps, crossovers or stroking during the sequence. However, only the two jumps with the highest value will contribute to the technical score. Please note that a half-loop in combination or in a sequence with any other listed jump will be called as a listed jump (1 Lo.)
- b. A maximum of three (3) spins of different abbreviations, one of which must be a spin combination. The spins must have a required minimum number of revolutions: three (3) for the flying spin with no change of foot after landing, three (3) for the spin with only one position and no change of foot and four (4) for the spin combination with no change of foot and eight (4 + 4) for the spin combination with change of foot or spin in one position with a change of foot. There must be a minimum of two (2) revolutions in each position or the position will not be counted.
- c. A maximum of one Choreographic Step Sequence (ChSq), covering at least half of the ice surface. A Choreographic Step Sequence consists of any kind of movements like steps, turns, spirals, arabesques, spread eagles, Ina Bauers, hydroblading, transitional (unlisted) jumps, spinning movements etc. The Choreographic Step Sequence commences with the first move and is concluded with the last move of the skater. The pattern is not restricted. A Choreographic Sequence has a base value and will be evaluated by the judges in GOE only.

The Program Components are multiplied by a factor of 1.6.

3.1.5 Bronze Free Skating

The maximum time is 1 min. 50 sec., but may be less. Vocal music is permitted.

A competitor in the Adult Bronze Free Skating event must perform a well- balanced program that may contain:

- a. A maximum of four (4) jump elements. Only single jumps are permitted, no Axel type jump, no double or triple jumps can be included. Any jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence. A jump combination may consist of the same or another single jump. There may be up to three jump combinations or jump sequences in the Free Program. One jump combination could consist of up to three (3) listed jumps, the other two up to two (2) listed jumps. A jump sequence may consist of any number of single jumps that may be linked by non-listed jumps like mazurkas, etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no turns/steps, crossovers or stroking during the sequence. However, only the two jumps with the highest value will contribute to the technical score. Please note that a half-loop in combination or in a sequence with any other listed jump will be called as a listed jump (1Lo).
- b. A maximum of two (2) spins of a different abbreviation; the spins must have a required minimum number of revolutions: three (3) for the spin with only one position and no change of foot and four (4) for the spin combination with no change of foot and six (3 + 3) for the spin combination with change of foot. Flying spins are not permitted. There must be a minimum of two (2) revolutions in each position or the position will not be counted.
- c. A maximum of one Choreographic Step Sequence (ChSq), covering at least half of the ice surface. A Choreographic Step Sequence consists of any kind of movements like steps, turns, spirals, arabesques, spread eagles, Ina Bauers, hydroblading, transitional (unlisted) jumps, spinning movements etc. The Choreographic Step Sequence commences with the first move and is concluded with the last move of the skater. The pattern is not restricted. A Choreographic Step Sequence has a base value and will be evaluated by the judges in GOE only.

The Program Components are multiplied by a factor of 1.6

3.1.6 Steel Free Skating

The maximum time is 1 min. 50 sec., but may be less. Vocal music is permitted.

A competitor in the Adult Steel Free Skating event must perform a well- balanced program that may contain:

- a. A maximum of three (3) jump elements. Only Salchow and Toeloop are permitted. Any jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence. A jump combination may consist of the same or another single jump. There may be up to three jump combinations or jump sequences in the Free Program. One

jump combination could consist of up to three (3) listed jumps, the other two up to two (2) listed jumps. A jump sequence may consist of any number of single jumps that may be linked by non-listed jumps like mazurkas, etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no turns/steps, crossovers or stroking during the sequence. However, only the two jumps with the highest value will count.

- b. A maximum of two (2) spins; the spins must have a required minimum number of revolutions: two (2) for the spin with only one position and no change of foot and four (2 + 2) for the spin with change of foot. There must be a minimum of two (2) revolutions in each position or the position will not be counted. Combination and Flying spins are not permitted. It is allowed to show two same spins, for example two (2) Uprightspins.

Choreographic Step Sequences and Step Sequences will not be counted in the technical score but will be counted as moves-in-the-field (transitions) and marked as such.

The Program Components are multiplied by a factor of 1.6

3.2 ICE DANCE

3.2.1 Pattern Dance

Elite	Westminster Waltz (2 sequences) Tango Romantica (2 sequences)
Masters	Westminster Waltz (2 sequences) Tango Romantica (2 sequences)
Gold	Westminster Waltz (2 sequences) Rhumba (2 sequences)
Silber	American Waltz (2 sequences) Paso Doble (3 sequences)
Bronze	14-Step (3 sequences) Foxtrot (2 sequences)
Edelstahl	Waltz Movement (2 sequences) Palais Glide (3 sequences)

Factors in each Pattern Dance for Program Components:

Skating Skills	0.75
Performance	0.50
Interpretation	0.50
Timing	0.75

3.2.2 Free Dance

3.2.2.1 Elite Free Dance

This Level has the same technical requirements as those for the category Masters Free Dance and will be available for skaters who have taken part in national or international championships (non-adult).

3.2.2.2 Masters Free Dance

Maximum 3 minutes and 10 seconds, but may be less. Vocal music is permitted.

The technical requirements are the same as those for the category Gold Free Dance.

3.2.2.3 Gold Free Dance

Maximum 3 minutes and 10 seconds, but may be less. Vocal music is permitted.

The requirements for a well-balanced program are:

- a. A maximum of two (2) different dance lifts, 1 short lift with a maximum duration of 6 sec. and 1 long lift with a maximum duration of 12 seconds; OR three (3) different types of short lifts.
- b. A maximum of one (1) Dance Spin, with optional positions. A simple spin with no change of foot consisting of at least three (3) rotations for each partner or a Combination Spin with a change of foot consisting of at least three (3) rotations on each foot is permitted.
- c. A maximum of one (1) Diagonal Step Sequence in hold.
- d. A maximum of one (1) set of Synchronized Twizzles with up to three (3) steps between.

Factors in each Free Dance for Program Components:

Skating Skills	1.25
Transitions/Linking Footwork/Movements	1.75
Performance, Execution	1.00
Choreography, Composition	1.00
Interpretation/Timing	1.00

3.2.2.4 Silver Free Dance

Maximum 2 minutes and 40 seconds, but may be less. Vocal music is permitted.

The requirements for a well-balanced program are:

- a. A maximum of one (1) dance lift, with a maximum duration of 6 sec.
- b. A maximum of one (1) Circular Step Sequence in hold (clockwise or counter clockwise)
- c. A maximum of one (1) set of Synchronized Twizzles with up to three (3) steps between.
- d. A maximum of one (1) Dance Spin with optional positions. A simple spin with no change of foot consisting of at least three (3) revolutions for each partner or a Combination Spin with a change of foot consisting of at least three (3) rotations on each foot is permitted.

Factors in each Free Dance for Program Components:

Skating Skills	1.25
Transitions/Linking Footwork/Movements	1.75
Performance, Execution	1.00
Choreography, Composition	1.00
Interpretation/Timing	1.00

3.2.2.5 Bronze Free Dance

Maximum 2 minutes, but may be less. Vocal music is permitted.

The requirements for a well-balanced program are:

- a. A maximum of one (1) dance lift, with a maximum duration of 6 sec.
- b. A maximum of one (1) Diagonal Step Sequence in hold.

- c. A maximum of one (1) Dance Spin with optional positions. A simple spin with no change of foot consisting of at least three (3) revolutions for each partner or a Combination Spin with a change of foot consisting of at least three (3) rotations on each foot is permitted.

Factors in each Free Dance for Program Components:

Skating Skills	1.25
Transitions/Linking Footwork/Movements	1.75
Performance, Execution	1.00
Choreography, Composition	1.00
Interpretation/Timing	1.00

3.2.3 Short Dance

3.2.3.1 Adult Short Dance

Maximum 2 minutes and 50 seconds, but may be less. Vocal music is permitted.

Recommended for silver level ice dancers.

The composition of the Short Dance in the season 2014/15 is as follows: Samba, or Samba plus one or two of the following Latin American Rhythms: Rhumba, Cha Cha, Mambo Merengue, Salsa.

Required Pattern Dance Elements: Two (2) sequences of Samba, either skated one after the other or separately. Step #1 of each Sequence must be skated on a different side of the ice surface. The Pattern Dance Elements must be skated on the Samba Rhythm, in the style of the Samba. The tempo of music throughout the Pattern Dance Elements must be constant and in accordance with the required Tempo of the Pattern Dance Element Samba, i.e., 54 measures of two beats or 108 beats per minute, plus or minus 2 beats per minute.

- a. One (1) Short Lift is required. In addition, one (1) Transitional Dance Lift (up to 6 seconds), but no more, performed optionally after the required Dance Lift is permitted.
- b. Not Touching Midline Step Sequence OR Not Touching Circular Step Sequence OR Not Touching Diagonal Step Sequence : Notes for Not Touching Circular Step Sequence: In accordance with Rule 703, this element must be performed in either the clockwise or anticlockwise direction, utilizing the full width of the ice surface on the short axis of the rink.
- c. One (1) Set of Sequential Twizzles.
Elements should be integrated into the composition of the dance so the concept and choreography must produce the feeling of a unified dance.

The Dance Spin is not a Required Element. Nevertheless, a spinning movement skated by the couple together in any hold around a common axis on one foot (or two feet) with any number of rotations is permitted. A couple may choose to use this movement as part of their choreography. The Technical Panel will ignore these movements and the Judges will not consider these movements as one of the permitted stops.

Latin American Rhythms are described in the ISU Ice Dance Music Rhythms Booklet 1995, pages 13 to 20.

Factors in Short Dance for Program Components:

Skating Skills	0.80
Transitions/Linking Footwork/Movements	0.70
Performance, Execution	0.70
Choreography, Composition	0.80
Interpretation/Timing	1.00

3.3 Ladies/Men Artistic Free Skating

The maximum time for Bronze to Masters is 1 minute and 40 seconds but may be less.

The maximum time for Elite Masters Artistic Free Skating will be 2 minutes and 10 seconds, but may be less.

Vocal music is permitted.

Competition will be held at the Elite Masters, Masters, Gold, Silver and Bronze level for Men and Ladies.

The artistic event will be judged only on the basis of Program Components. The Program Components are multiplied by a factor of 1.6.

There will be no technical panel and no technical score given.

The artistic program consists of a variety of skating moves selected for their value in enhancing the skater's interpretation of the music. Skaters will be judged on their ability to interpret the music by movement and by using their skating skills.

The artistic free skate is a competitive program which must include elements of the sport of figure skating. At least one (1) but a maximum of two (2) single jumps and at least one (1) but a maximum of two (2) spins **MUST** be included. No axel or double jumps are allowed. Credit for jumps and spins is based solely on the ability of such movements to enhance the chosen music. Credit will not be given for their technical difficulty. Elite Masters can do any type of jumps.

The program must be developed through skating skill and quality rather than through non-skating actions such as sliding on one knee or excessive use of toe steps which should be used only to reflect the character, rhythm and nuances of the chosen music.

Any element exceeding the maximum number as set forth above will be judged as an illegal element (1.0 deduction); if there is no jump or no spin element included or only a jump and no spin or vice versa a deduction for a "missing element" of 1.0 will be made. The Referee is responsible for such deductions. Costumes should be simple, tasteful and selected to enhance the performance by appropriately reflecting the character of the music and theme.

Props may not be used in any part of the artistic programs. Any item that is held in the hand or removed during the performance is considered a prop. Thus, for example, a hat worn throughout the program is not considered to be a prop, but if it is intentionally removed during the performance it is considered a prop. Objects on the ice, thrown in the audience, placed on the boards or on the judges table are not permitted. Costumes that contain particles that may mar or leave anything on the ice surface (feathers, boas, excessive beading) are considered unsafe and are not permitted. The Referee is responsible for prop deductions.

There is no deduction for „illegal“ elements (like extended sliding/kneeling on the ice, sitting on the boards).

Somersault type of jumps are not permitted. A deduction of 1.0 will be given.

3.4 Pair Skating

3.4.1 Elite Pair Skating

This Level has the same technical requirements as those for the category Masters Pair Skating and will be available for skaters who have taken part in national or international championships (non-adult).

3.4.2 Masters Pair Skating

The maximum time is 3 min. 10 sec., but may be less. Vocal music is permitted.

Couples must perform a well-balanced program that may contain:

- a. A maximum of three (3) different lifts, one of which may be a twist lift.
- b. A maximum of two (2) throw jumps (single or double).
- c. A maximum of one (1) solo jump. Single, double or triple jumps are permitted. Any triple jump or double Axel cannot be repeated.
- d. A maximum of one (1) jump combination with a maximum of three listed jumps included or one (1) jump sequence (the two jumps with the highest value will count for points). Any triple jump or double Axel, already performed as the solo jump cannot be included.
- e. A maximum of one (1) pair spin (pair spin or pair combination spin). The spin must have a required minimum number of revolutions: four (4) revolutions for a pair spin and a minimum of 3 revolutions on each foot for a pair combination spin. There must be a minimum of two (2) revolutions in each position or the position will not be counted.
- f. A maximum of one solo spin or solo spin combination. The spin must have a required minimum number of revolutions: five (5) for the flying spin, five (5) for the spin with only one position, and four (4) on each foot for the spin combination with change of foot. There must be a minimum of two (2) revolutions in each position or the position will not be counted.
- g. A maximum of one (1) death spiral or pivot figure (position optional). At least a 3/4 revolution in pivot position by the man is required.
- h. A maximum of one step sequence (StSq) and a Choreographic Step Sequence that fully utilizes the ice surface. A Choreographic Step Sequence consists of any kind of movements like steps, turns, spirals, arabesques, spread eagles, Ina Bauers, hydroblading, transitional (unlisted) jumps, spinning movements etc. The Choreographic Step Sequence commences with the first move and is concluded with the last move of the skater. The pattern is not restricted. A Choreographic Step Sequence has a base value and will be evaluated by the judges in GOE only.
The Choreographic Step Sequence (ChSq) must be performed after the Step Sequence (StSq). Only the first attempt of a Step Sequence or Choreographic Step Sequence will contribute to the technical score. Additional Step Sequences or Choreographic Step Sequences will not be counted in the technical score but will be counted as moves in the field (transitions) and marked as such.

The Program Components are multiplied by a factor of 1.6.

3.4.3 Adult Pair Skating

The maximum time is 2 min. 50 sec., but may be less. Vocal music is permitted.

Couples must perform a well-balanced program that demonstrates skating skills, timing and unison, and full use of the ice surface. There are no required elements, but couples may choose to include up to eight (8) elements selected from:

- a. A maximum of two (2) different lifts of Group 1 or Group 2 with a minimum 1/2 revolution for the man and 1 revolution for the lady. Variations of the lady's position, no-handed and one-handed lifts, and combination lifts are not permitted. Overhead lifts and twist lifts are not permitted. A different take-off counts as a different lift.
- b. A maximum of one (1) solo jump. Only single jumps are permitted.
- c. A maximum of one (1) jump combination with a maximum of three jumps included or one (1) jump sequence (the two jumps with the highest value will count for points).
- d. A maximum of one (1) throw jump (Only single jumps are permitted)
- e. A maximum of one (1) pair spin (pair spin or pair combination spin). The spin must have a required minimum number of revolutions: three (3) revolutions for a pair spin and six (6) for a pair combination spin. There must be a minimum of two (2) revolutions in each position or the position will not be counted.
- f. A maximum of one death spiral or pivot figure (position optional). At least a 3/4 revolution in pivot position by the man is required.
- g. A maximum of one Choreographic Step Sequence (ChSq), covering at least half of the ice surface. A Choreographic Sequence consists of any kind of movements like steps, turns, spirals, arabesques, spread eagles, Ina Bauers, hydroblading, transitional (unlisted) jumps, spinning movements etc. The Choreographic Sequence commences with the first move and is concluded with the last move of the skater. The pattern is not restricted. A Choreographic Sequence has a base value and will be evaluated by the judges in GOE only. Additional Step Sequences will not be counted as moves-in-the-field (transitions) and marked as such.

The Program Components are multiplied by a factor of 1.6

3.5 Artistic Pair Skating

3.5.1 Masters Pair Artistic Skating

The maximum time is 2 min. 20 sec., but may be less. Vocal music is permitted.

Competition will be held at the Masters and Adult Level.

The artistic event will be judged only on the basis of the program components. There will be no technical panel and no technical mark given. The Program Components are multiplied by a factor of 1.6.

The artistic program consists of a variety of skating moves selected for their value in enhancing the skater's interpretation of the music. Pairs will be judged on their ability to interpret the music by movement and by using their skating skills.

The pair artistic free skate is a competitive program which must include elements of the sport of pair figure skating. Each pair must include at least three (3) and no more than four (4) elements selected from:

- a. A maximum of one (1) solo jump OR one (1) throw jump. Axel and double jumps are not permitted. Combination jumps are not permitted.
- b. A maximum of one (1) pair spin (pair spin or pair combination spin) OR one (1) solo spin.
- c. A maximum of one (1) death spiral or pivot spiral (position optional).
- d. A maximum of one (1) lift of Group 1 or Group 2. Variations of the lady's position, no-handed and one-handed lifts, and combination lifts are not permitted. Overhead lifts and twist lifts are not permitted.

Credit for technical elements is based solely on the ability of such movements to enhance the chosen theme and support the music. Credit will not be given for their technical difficulty.

The program must be developed through skating skill and quality rather than through non-skating actions such as sliding on one knee or excessive use of toe steps which should be used only to reflect the character of the program and to underline the rhythm and nuances of the chosen music.

Costumes should be simple, tasteful and selected to enhance the performance by appropriately reflecting the character of the music and theme.

Any element exceeding the maximum number as set forth above will be judged as an illegal element (1.0 deduction); if there is no jump/throw jump or no spin element or no spiral element or no lift element a deduction for a "missing element" of 1.0 will be made. The Referee is responsible for such deductions. Costumes should be simple, tasteful and selected to enhance the performance by appropriately reflecting the character of the music and theme.

Props may not be used in any part of the artistic programs. Any item that is held in the hand or removed during the performance is considered a prop. Thus, for example, a hat worn throughout the program is not considered to be a prop, but if it is intentionally removed during the performance it is considered a prop. Objects on the ice, thrown in the audience, placed on the boards or on the judges table are not permitted. Costumes that contain particles that may mar or leave anything on the ice surface (feathers, boas, excessive beading) are considered unsafe and are not permitted. The Referee is responsible for prop deductions.

There is no deduction for „illegal“ elements (like extended sliding/kneeling on the ice, sitting on the boards).

Somersault type of jumps are not permitted. A deduction of 1.0 will be given.

3.5.2 Adult Pair Artistic Skating

The maximum time is 1 min. 50 sec., but may be less. Vocal music is permitted.

The artistic event will be judged only on the basis of the program components. There will be no technical panel and no technical mark given, The Program Components are multiplied by a factor of 1.6.

The artistic program consists of a variety of skating moves selected for their value in enhancing the skater's interpretation of the music. Pairs will be judged on their ability to interpret the music by movement and by using their skating skills.

The pair artistic free skate is a competitive program which must include elements of the sport of pair figure skating. Each pair must include at least three (3) and no more than four (4) elements selected from:

- a. A maximum of one (1) solo jump OR one (1) throw jump. Axel and double jumps are not permitted. Combination jumps are not permitted.
- b. A maximum of one (1) pair spin (pair spin or pair combination spin) OR one (1) solo spin.
- c. A maximum of one (1) death spiral or pivot spiral (position optional).
- d. A maximum of one (1) lift

Credit for technical elements is based solely on the ability of such movements to enhance the chosen theme and support the music. Credit will not be given for their technical difficulty.

The program must be developed through skating skill and quality rather than through non-skating actions such as sliding on one knee or excessive use of toe steps which should be used only to reflect the character of the program and to underline the rhythm and nuances of the chosen music.

Costumes should be simple, tasteful and selected to enhance the performance by appropriately reflecting the character of the music and theme.

Any element exceeding the maximum number as set forth above will be judged as an illegal element (1.0 deduction); if there is no jump/throw jump or no spin element or no spiral element or no lift element a deduction for a "missing element" of 1.0 will be made. The Referee is responsible for such deductions. Costumes should be simple, tasteful and selected to enhance the performance by appropriately reflecting the character of the music and theme.

Props may not be used in any part of the artistic programs. Any item that is held in the hand or removed during the performance is considered a prop. Thus, for example, a hat worn throughout the program is not considered to be a prop, but if it is intentionally removed during the performance it is considered a prop. Objects on the ice, thrown in the audience, placed on the boards or on the judges table are not permitted. Costumes that contain particles that may mar or leave anything on the ice surface (feathers, boas, excessive beading) are considered unsafe and are not permitted. The Referee is responsible for prop deductions.

There is no deduction for „illegal“ elements (like extended sliding/kneeling on the ice, sitting on the boards).

Somersault type of jumps are not permitted. A deduction of 1.0 will be given.

3.6 Synchronized Skating

The maximum time is 3 min. 10 sec., but may be less. Vocal music is permitted.

A team shall consist of 8-16 skaters with a maximum number of four (4) alternate skaters and may include both ladies and men. Skaters must meet the age requirements as stated in this announcement. This competition is only for skaters who have not taken part in national or international championships (non-adult) in Synchronized Skating.

The Free Program must be skated according to ISU Rules 2014 (Special Regulations & Technical Rules Synchronized Skating 2014, ISU Communications No.1873 and all other pertinent ISU Communications).

The teams must skate a well balanced Free Skating Program which contains the following six (6) elements in maximum Level 3:

- a. one (1) block (B)
- b. one (1) circle (C)
- c. one (1) intersection (I)
- d. one (1) line (L)
- e. one (1) wheel (W)
- f. Choice of one (1) of the following Elements:
 - Creative Element (Cr) OR
 - Combined Element (Co)

Additional elements may be incorporated into the Free Skating Program and will be judged as transitions and/or choreography components. The Planned Program Content sheet should indicate which elements are transition/choreography elements.

Difficulty Groups of Elements and Features and the description of their requirements are in accordance with the pertinent ISU Communications.

Illegal elements are those applicable to Junior Free Skating, Rule 912, paragraph 10 b. In addition, "vaults" are also illegal.

The Team must use a variety of holds. A minimum of three (3) different clearly recognizable holds is required. The holds may be done either in elements or transitions.

The time must be reckoned from the moment a skater begins to move (arm, head etc.) or to skate until arriving at a complete stop at the end of the program.

Official Practice ice will be offered on the day of the SYS competition.

The Program Components are multiplied by a factor of 1.0

4 TIPS

4.1 RINK

The competition will take place in the Erika-Hess-Eisstadion, Müllerstraße 185, 13353 Berlin. The ice surface is 60 x 30 meters and has protective plastic screens on the sides.

4.2 TRAVEL

The rink is located in Berlin-Mitte near the underground station U-Bahnhof Reinickendorfer Straße (line U6). There are a limited number of parking places at the rink.

4.2.1 Hotels & Accommodation

BEST WESTERN PREMIER Hotel MOA Berlin

Stephanstrasse 41
10559 Berlin
Tel.: 030 / 39 40 43-0
Fax: 030 / 39 40 43-999
E-Mail: info@hotel-moa-berlin.de
<http://www.hotel-moa-berlin.de/>

Main Station Hostel GmbH

Quitzwowstraße 110
10559 Berlin
Tel: 030 / 39 40 975 – 0
Fax: 030 / 39 40 975 – 20
E-Mail: hostel@mainstationhostel.de
<http://www.mainstationhostel.net/de/>

Berlin Apartments

Chausseestraße 85
10115 Berlin
Tel: 030 / 20 45 32 43
Fax: 030 / 20 45 32 41
E-Mail: info@berliner-apartments.de
<http://www.berliner-apartments.de/>

EigenArt Apartment

Neue Hochstr. 53
13347 Berlin
Tel: 030 46 50 75 01
Fax: 030 46 50 75 02
E-Mail: info@EigenArt-Appartement.de
<http://www.eigenart-appartement.de/>

City 54 Hotel und Hostel GmbH

Chausseestrasse 54
10115 Berlin
Tel: 030 200 73 64 30
Fax: 030 200 73 64 35
E-Mail: info@city54hostel.de
<http://www.city54hostel.de/>

Please find further information on our website:

<http://www.skate-berlin-adults.de/hotel/>

4.3 RECEPTION

The reception area will remain open throughout the competition. All participants are requested to report in at the reception area as soon as they reach the rink.

4.4 STARTING ORDER

Starting order will be determined by computer lottery before the competition begins.

4.5 SCHEDULE

The schedule will be released after the close of registration.

4.6 PUBLICATION OF RESULTS

All results will be available on our website:

<http://www.skate-berlin-adults.de>

4.7 ADMISSION

The public and fans are welcome. Entrance to the competition is free.

4.8 MUSIC

The organizers can only accept CD-Rs, not CD-RWs. Music for only one program is allowed on a CD, which must be technically flawless and labeled with the following information:

- First and last name of the participant
- Competition category
- Name of the club/nation
- Length of the music (not length of the program)
-

Incorrectly labeled CDs will not be accepted.

Please turn in your CDs at reception on the day of competition at the latest. You can pick up your CDs there at the end of the competition. Each skater should also have a duplicate CD with him/her. The organizing committee does not accept liability for either damage or loss of CDs. The organizing committee will provide the music for the Pattern Ice Dances.

4.9 LIABILITY

The organizers of the competition do not accept liability for damage or injury incurred by participants or officials during the event.

5 PROVISIONAL SCHEDULE

This schedule is non-binding. Individual competitions may take place on days other than those listed below.

Thursday, March 5th, 2014

7pm – Opening and Welcome

Friday, March 6th, 2014

10am - 7pm Competitions
Free Skating (Ladies and Men, Pt. 1)
Ice Dance Pattern Dance

Saturday, March 7th, 2014

10am – 6pm – Competitions
Artistic – Ladies, Men, Pairs
Ice Dance Short Dance
Synchronized Skating

Sunday, March 8th, 2014

10am - 5pm – Competitions
Free Skating (Ladies and Men, Pt. 2)
Pair Skating
Ice Dance Free Dance

Should the planned competition times not be sufficient for the number of registrations, the competition will begin on Friday (3pm) and run later on Sunday.

A rough schedule will be made soon after the end of registration and sent by e-mail to enable you to plan your trip.

5.1 TRAINING

The schedule with official training times will be sent by e-mail after close of registration. Should additional training times be made available, you will be informed after the close of registration.