

CHRISTMAS STARS

Technical data

Single skating

A class

CHICKS A Girls and Boys (2004 and younger)

Free Program: 2:00 minutes/ ± 10 sec.

1. Maximum of four (4) jump elements

- at least one (1) Axel type jump

- maximum two (2) jump combinations or jump sequences. Jump combinations may consist of only two (2) jumps. Jump combination may NOT consist of three (3) jumps

2. Two (2) spins of different nature. Each of them must be minimum of three (3) revolutions

3. One (1) Step sequence.

CUBS A Girls and Boys (2002/2003)

Free Program: 2:30 minutes/ ± 10 sec.

1. Maximum of four (4) jump elements

- at least one (1) Axel type jump

- maximum two (2) jump combinations or jump sequences

- only one jump combination may consist of three (3) jumps

2. Two (2) spins of different nature

- there must be one (1) spin combination (with one (1) change of foot and at least one (1) change of position; 3+3 revolutions)

- one spin is optional, minimum of three (3) revolutions

3. One (1) Step sequence

NB! Additional information

1. In all categories listed above the following three (3) components are judged in the second mark:

- skating skills
- transitions
- performance, program composition, music interpretation

The factor for the Program Components is

- for boys 2.0

- for girls 1.7

2. The level of spins and step sequences cannot be higher than 2. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

3. Evaluation is in accordance with ISU Comm. 1724 and additions related to this document.

4. Any jump with the same name may be repeated only twice including Axel type jumps.

5. Jump sequence may consist of any number of jumps, but only two (2) most difficult jumps will be counted.

6. Time violation - 0.5 point deduction for every 5 seconds in excess.

7. Falls - 0.5 point deduction for every fall.

Basic Novice A (ISU communication 1760)

Age requirements:

- has reached at least the age of ten (10) before July 1st preceding the event
- has not reached the age of thirteen (13) before July 1st preceding the event

Free Skating 2:30 min, +/- 10 sec

a) Maximum of 4 jump elements for Girls and Boys one of which must be an Axel type jump.

There may be up to two (2) jump combinations or sequences. Jump combinations can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only two most difficult jumps will be counted.

Triple jumps are not permitted.

b) There must be a maximum of two (2) spins of a different nature (abbreviation),

- one of which must be a spin combination with or without change of foot (minimum of six (6) revolutions in total) and

- one spin with no change of position and with or without change of foot (minimum of six (6) revolutions in total). Flying entry is allowed.

c) There must be a maximum:

- for Girls one (1) choreographic sequence which includes at least one (1) spiral position at least three (3) seconds long. The sequence will have a fixed Base value and evaluated in GOE only.

- for Boys maximum of one (1) step sequence without Level value. The sequence will have a fixed Base value and evaluated in GOE only.

The Program Components are only judged in

- Skating Skills
- Performance/Execution

The Factor of the Program Components is 2.5.

Levels explanations:

In all elements which are subject to Levels, only features up to Level 2 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

Basic Novice B (ISU communication 1760)

Age requirements: (older subgroup)

- has reached at least the age of thirteen (13) before July 1st preceding the event
- has not reached the age of fifteen (15) before July 1st preceding the event

Free Skating: 3:00 min, +/- 10 sec

A well balanced Free Skating program for boys and girls must contain:

a) Maximum of 5 jump elements for Girls and 6 jump elements for Boys

- one of which must be an Axel type jump

- there may be up to two (2) jump combinations or sequences. A jump combination can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only two most difficult jumps will be counted.

- Only two (2) jumps with two and a half (2 1/2) or more revolutions can be repeated either in a jump

combination or in a jump sequence.

b) There must be a maximum of two (2) spins of a different nature,

- one of which must be a spin combination (minimum of ten (10) revolutions in total) and

- one a flying spin or a spin with a flying entrance (minimum of six (6) revolutions in total).

c) There must be a maximum:

- for Girls and Boys one (1) step sequence fully utilizing the ice surface. The sequence will receive Level feature and will also be evaluated in GOE.

The Program Components are only judged in

- Skating Skills
- Performance/Execution
- Interpretation

The Factor of the Program Components is

- for boys 2.0

- for girls 1.7

Levels explanations:

In all elements which are subject to Levels, only features up to Level 2 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

Advanced Novice - Girls and Boys (ISU comm. 1649)

Age requirements:

- has reached at least the age of ten (10) before July 1st preceding the event
- has not reached the age of fifteen (15) before July 1st preceding the event

Short program girls and boys max. 2:30

Free skating girls 3:00 +/- 10 sec

Free skating boys 3:30 +/- 10 sec

The Short Program for Boys shall consist of the following elements:

- a) Axel Paulsen or double Axel Paulsen
- b) Double or triple jump immediately preceded by connecting steps, may not repeat jump in a)
- c) One jump combination consisting of two double jumps or one double and one triple jump, both jumps may not repeat jump in a) or b)
- d) Camel or sit spin (minimum of six (6) revolutions) with change of foot and no flying entrance
- e) Spin combination with only one change of foot and at least one change of position (minimum of five (5) revolutions on each foot). Flying entry is allowed.
- f) One step sequences with full utilization of the ice surface.

The Short Program for Girls shall consist of the following elements:

- a) Axel Paulsen or double Axel Paulsen
- b) Double or triple jump immediately preceded by connecting steps, may not repeat jump in a)
- c) One jump combination consisting of two double jumps or one double and one triple jump, both jumps may not repeat jump in a) or b)
- d) Layback or sideways leaning spin (minimum of six (6) revolutions)
- e) Spin combination with only one change of foot and at least one change of position (minimum of five (5) revolutions on each foot). Flying entry is allowed.
- f) One step sequence with full utilization of the ice surface.

A well balanced Free Skating program for Boys and Girls must contain:

- a) Maximum 6 jump elements for Girls and 7 jump elements for Boys, one of which must be an Axel type jump.

There may be up to two (2) jump combinations or sequences. A jump combination can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only two most difficult jumps will be counted. Only two (2) jumps with two and a half (2 1/2) revolutions or more can be repeated either in a jump combination or in a jump sequence.

- b) There must be a maximum of two (2) spins of a different nature,
 - one of which must be a spin combination (minimum of ten (10) revolutions) and
 - one a flying spin or a spin with a flying entrance (minimum of six (6) revolutions).

c) There must be a maximum of one (1) step sequence.

Levels explanations:

In all elements which are subject to Levels, only features up to Level 3 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

The Program Components are only judged in

- Skating Skills
- Transitions
- Performance/Execution
- Interpretation

The factor for the Program Components is

- a) Short Program: for boys 0.9, for girls 0.8
- b) Free Skating: for boys 1.8, for girls 1.6

Junior Ladies/ Men

In accordance with ISU Special Regulations and Technical Rules for Single and Pair Skating 2010: Single Skating Short Program - reg. nr. 511, Single Skating Free Program - reg. nr. 512. Judging is based on criteria listed in ISU Comm. 1724 and additions related to this document.

B class

PRE-CHICKS B Girls and Boys (born 2006 and younger)

Free program: 2:00 minutes, ± 10 sec.

1. Maximum four (4) jump elements

- maximum two (2) jump combinations or jump sequences

- jump combination may not consist of three (3) jumps

2. At least one (1) and maximum two (2) spins of different nature, each of them must be minimum of three (3) revolutions

3. Step sequence (straight line, circular or serpentine).

1 Axel and double (2) jumps are not allowed

CHICKS B Girls and Boys (born 2004/2005)

Free program: 2:00 minutes, \pm 10 sec.

1. Maximum four (4) jump elements
 - maximum two (2) jump combinations or jump sequences
 - jump combination may not consist of three (3) jumps
2. Two (2) spins of different nature, each of them must be minimum of three (3) revolutions
3. One (1) Step sequence

1 Axel and double (2) jumps are not allowed

CUBS B Girls and Boys (born 2002/2003)

Free program: 2:30 minutes, \pm 10 sec.

1. Maximum four (4) jump elements
 - at least one (1) and maximum two (2) jump combinations or jump sequences
 - only one (1) jump combination may consist of three (3) jumps
2. Maximum two (2) spins of different nature, each of them must be minimum of three (3) revolutions
3. Step sequence

Axel Paulsen and one (1) double jump are permitted no more than two (2) times.

SPRINGS B Girls and Boys (2000/2001)

Free program: 2:30 minutes, \pm 10 sec.

1. Maximum five (5) jump elements,
 - one of which must be Axel type jump
 - maximum two (2) jump combinations or jump sequences.
 - only one (1) jump combination may consist of three (3) jumps.

2. Three (3) spins of different nature minimum of three (3) revolutions.
3. Step sequence

Maximum 2 (two) different double jumps are allowed and they may be repeated two (2) times.

NB! Additional information

1. In all categories listed above the following three (3) components are judged in the second mark:
 - skating skills
 - transitions
 - performance, program composition, music interpretation

The factor for the Program Components is

- for boys 2.0

- for girls 1.7

2. The level of spins and step sequences cannot be higher than 2. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.
3. Evaluation is in accordance with ISU Comm. 1724 and additions related to this document.
4. Any jump with the same name may be repeated only twice including Axel type jumps.
5. Jump sequence may consist of any number of jumps, but only two (2) most difficult jumps will be counted.
6. Time violation - 0.5 point deduction for every 5 seconds in excess
7. Falls: Chicks B and Cubs B 0.25 point deduction for every fall. Springs B 0.5 point deduction for every fall

NOVICE B Girls and Boys

Age requirements:

- has reached at least the age of ten (10) before July 1st preceding the event
- has not reached the age of fifteen (15) before July 1st preceding the event

Free program only: 3 minutes, \pm 10 sec.

1. Maximum five (5) jump elements for girls and six (6) jump elements for boys

- at least one (1) Axel type jump
- maximum two (2) jump combinations or jump sequences
- a jump combinations may consist of only two (2) jumps
- a jump sequence may consist of any number of jumps, but only two (2) most difficult jumps will be counted
- any jump with the same name cannot be included more than two (2) times in total.

2. Three (3) spins of different nature

- one (1) spin combination (minimum of ten (10) revolutions)
- one flying spin min. of five (5) revolutions
- one spin is optional with min. of five (5) revolutions

3. - for Girls one (1) step sequence or one (1) spiral sequence consisting of max. two (2) spiral positions. The sequence (step or spiral) will have a fixed Base value and evaluated in GOE only.

- for Boys maximum of one (1) step sequence with a fixed Base value and evaluated in GOE only.

2A and Triple jumps are not allowed

In this category the following three (3) components are judged in the second mark:

- skating skills
- interpretation
- performance/execution

The level of spins and step sequences cannot be higher than 2. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

The factor for the Program Components is

- for boys 2.0
- for girls 1.7

JUNIOR B Girls and Boys (age same as Junior A)

Free program only: 3 minutes ± 10 sec.

1. Maximum five (5) jump elements

- at least one (1) Axel-type element
- maximum two (2) jump combinations or jump sequences

2. Three (3) spins of different nature

- one must be a spin combination with minimum of ten (10) revolutions
- one must be a flying spin with minimum of six (6) revolutions
- one spin is optional with minimum of six (6) revolutions

3. One Step sequence

The Program Components are judged in

- Skating skills
- Transition
- Performance/execution
- Music interpretation

The Factor of the Program Components is

- for boys 2.0
- for girls 1.7

The level of spins and step sequences cannot be higher than 3. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

Beginners

Pre-Young Girls and Boys (born 2002 and younger)

Free program 2:00 minutes \pm 10 sec.

1. Maximum five (5) jump elements

- at least two (2) of them are solo jumps
- at least one (1) and no more than three (3) are jump combinations or sequences

2. At least one (1) but not more than two (2) spins min. three (3) revolutions.

3. Step sequence (2/3 cover of the ice), (straight line, circular or serpentine).

Axel and double jumps are not allowed!

Pre-Young Girls and Boys (born 2000/2001)

Free program 2:00 minutes ± 10 sec.

1. Maximum five (5) jump elements

- at least two (2) of them are solo jumps

- at least one (1) and no more than three (3) are jump combinations or sequences

2. At least one (1) but not more than two (2) spins min. three (3) revolutions.

3. Step sequence (2/3 cover of the ice), (straight line, circular or serpentine).

Axel and double jumps are not allowed!

Young Girls and Boys (born 1997-1999)

Free program 2:30 minutes ± 10 sec.

1. Maximum five (5) jump elements

- at least two (2) of them are solo jumps

- at least one (1) and no more than three (3) are jump combinations or sequences

2. At least one (1) but not more than two (2) spins min. four (4) revolutions.

3. Step sequence (2/3 cover of the ice), (straight line, circular or serpentine).

Maximum one (1) Axel and one (1) double jump are allowed, which may be repeated only once in a jump combination/sequence!

Young adults Girls and Boys (born 1987-1996)

Free program max. 2:00 min

1. Maximum four (4) jump elements

- at least two (2) of them are solo jumps

- at least one (1) and no more than three (3) are jump combinations or sequences
- 2. At least one (1) but not more than two (2) spins min. three (3) revolutions.
- 3. Step sequence (2/3 cover of the ice), (straight line, circular or serpentine).

Axel and double jumps are not allowed!

Adults Ladies and Men (Born 1986 and earlier)

Gold Free Skating

A competitor in the Adult Gold Free Skating event must perform a well-balanced program that may contain:

a) A maximum of six (6) jump elements, consisting of any single or double jumps (including a single Axel). **No triple jumps are permitted.**

A jump combination may consist of the same or another single or double jump. There may be up to three jump combinations or jump sequences in the Free Program. One jump combination could consist of up to three (3) listed jumps, the other two up to two (2) listed jumps.

A jump sequence may consist of any number of single and double jumps, that may be linked by non-listed jumps like mazurkas, etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no turns/steps, crossovers or stroking during the sequence. However, only the two jumps with the highest value will count. **Please note that a half-loop in combination or in a sequence with any other listed jump will be called as a listed jump (1Lo.)**

Any jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence.

Non-listed jumps may be included in the program as part of connecting footwork, preceding single or double jumps.

b) A maximum of three (3) spins of a different abbreviation, one of which must be a spin combination with a change of foot and one must be a flying spin. The spins must have a required minimum number of revolutions: four (4) for the flying spin with no change of foot after landing, four (4) for the spin with only one position and no change of foot and four (4) for the spin combination with no change of foot and eight (4 + 4) for the spin combination with change of foot or spin in one position with a change of foot. There must be a minimum of two (2) revolutions in each position or the position will not be counted.

c) A maximum of one (1) choreographic sequence (ChSq). A Choreographic Sequence consists of any kind of movements like steps, turns, spirals, arabesques, spread eagles, Ina Bauers, hydroblading, transitional (unlisted) jumps, spinning movements etc. A Choreographic Sequence for Ladies must include at least one spiral (not a kick) of any length. The Sequence commences with the first move and is concluded with the last move of the Skater. The pattern is not restricted, but must fully utilize the ice

surface. A choreographic sequence has to be skated to the music. A Choreographic Sequence has a base value and will be evaluated by the judges in GOE only.

The first visible attempt to execute a choreographic sequence will contribute to the technical score. Additional choreographic sequences and step sequences will not be counted in the technical score but will be counted as moves-in-the field (transitions) and marked as such.

Duration: The maximum time is 2 min 40 sec., but may be less.

Factor: The panels points for each Program Component are multiplied by a factor of 1.6

Silver Free Skating

A competitor in the Adult Silver Free Skating event must perform a well-balanced program that may contain:

a) A maximum of five (5) jump elements. The single Axel and all other single jumps are permitted. No double jumps or triple jumps are permitted.

A jump combination may consist of the same or another single jump. There may be up to three jump combinations or jump sequences in the Free Program. One jump combination could consist of up to three (3) listed jumps, the other two up to two (2) listed jumps.

A jump sequence may consist of any number of single jumps that may be linked by non-listed jumps like mazurkas, etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no turns/steps, crossovers or stroking during the sequence. However, only the two jumps with the highest value will count. **Please note that a half-loop in combination or in a sequence with any other listed jump will be called as a listed jump (1Lo.)**

Any jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence.

Non-listed jumps may be included in the program as part of connecting footwork, preceding single jumps or an axel type jump.

b) A maximum of three (3) spins of different abbreviations, one of which must be a spin combination. The spins must have a required minimum number of revolutions: three (3) for the flying spin with no change of foot after landing, three (3) for the spin with only one position and no change of foot and four (4) for the spin combination with no change of foot and eight (4 + 4) for the spin combination with change of foot or spin in one position with a change of foot.

There must be a minimum of two (2) revolutions in each position or the position will not be counted.

c) A maximum of one (1) choreographic sequence (ChSq). A Choreographic Sequence consists of any kind of movements like steps, turns, spirals, arabesques, spread eagles, Ina Bauers, hydroblading, transitional (unlisted) jumps, spinning movements etc. A Choreographic Sequence for Ladies must include at least one spiral (not a kick) of any length. The Sequence commences with the first move and

is concluded with the last move of the Skater. The pattern is not restricted, but must utilize at least half of the ice surface. A Choreographic Sequence has to be skated to the music. A Choreographic Sequence has a base value and will be evaluated by the judges in GOE only.

The first visible attempt to execute a choreographic sequence will contribute to the technical score. Additional choreographic sequences and step sequences will not be counted in the technical score but will be counted as moves-in-the field (transitions) and marked as such.

Duration: The maximum time is 2 min 10 sec., but may be less.

Factor: The panels points for each Program Component are multiplied by a factor of 1.6

Bronze Free Skating

A competitor in the Adult Bronze Free Skating event must perform a well-balanced program that may contain:

a) A maximum of four (4) jump elements. **Only single jumps are permitted**, no Axel type jump, no double or triple jumps can be included.

A jump combination may consist of the same or another single jump. There may be up to three jump combinations or jump sequences in the Free Program. One jump combination could consist of up to three (3) listed jumps, the other two up to two (2) listed jumps.

A jump sequence may consist of any number of single jumps that may be linked by non-listed jumps like mazurkas, etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no turns/steps, crossovers or stroking during the sequence. However, only the two jumps with the highest value will count. **Please note that a half-loop in combination or in a sequence with any other listed jump will be called as a listed jump (1Lo.)**

Any jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence.

Non-listed jumps may be included in the program as part of connecting footwork preceding single jumps.

b) A maximum of two (2) spins of a different abbreviation; The spins must have a required minimum number of revolutions: three (3) for the spin with only one position and no change of foot and four (4) for the spin combination with no change of foot and six (3 + 3) for the spin combination with change of foot. **Flying spins are not permitted.**

There must be a minimum of two (2) revolutions in each position or the position will not be counted.

c) A maximum of one (1) choreographic sequence (ChSq). A Choreographic Sequence consists of any kind of movements like steps, turns, spirals, arabesques, spread eagles, Ina Bauers, hydroblading, transitional (unlisted) jumps, spinning movements etc. A Choreographic Sequence for Ladies must include at least one spiral (not a kick) of any length. The Sequence commences with the first move and

is concluded with the last move of the Skater. The pattern is not restricted, but must utilize at least half of the ice surface. A Choreographic Sequence has to be skated to the music. A Choreographic Sequence has a base value and will be evaluated by the judges in GOE only.

The first visible attempt to execute a choreographic sequence will contribute to the technical score.

Additional choreographic sequences and step sequences will not be counted in the technical score but will be counted as moves-in-the field (transitions) and marked as such.

Duration: The maximum time is 1 min 50 sec., but may be less.

Factor: The panels points for each Program Component are multiplied by a factor of 1.6