



2. Swiss Ice-Trophy for Adult Skaters

2. Cup of Europe for Adult Skaters

1. International Swiss Adult Cup for Ice Dancing

1. Preamble

The «Cup of Europe for Adult Skaters» consists of the competitions «Cup of Germany for Adult Skaters» and «Swiss Ice Trophy for Adult Skaters». The rating of the competitions «Basler Tanzturnier», «Läckerli-Cup» and «Swiss Ice Trophy» contribute to the combined rating for the «International Swiss Adult Cup for Ice Dancing».

These competitions intend to encourage for physical activities and health as well as developing recreational figure skating for adults. The purpose of these competitions is to encourage the international communication and exchange by sports and to support recreational skating for adults. It is meant offer to adult figure skaters the possibility to present their capacity of skating under the conditions of a competition.

The rules of competition are designed in accordance with ISU adult commission recommendations and supplemented with categories from SEV recreational sports and Interclub.

2. Host

Organized by: Committee Swiss Ice Trophy
Patronage: Glarner Eislaufclub GEC

3. Dates

Location (Rink): Kunsteisbahn Wetzikon, Rapperswilerstrasse 63, CH-8620 Wetzikon
Date: **15. – 17.03.2013**

4. General information

Official website: www.swiss-ice-trophy.ch
Address for entries and registration: with the registration sheet on www.swiss-ice-trophy.ch (link «registration»)
Entry closing date: **Tuesday, February 26, 2013**
Registration will be processed on a first come first serve basis.

- Entry fees:
(per start/category): CHF. 50.— for single participants
CHF. 80.— for couples (freestyle, show and dance)
CHF. 120.— for show groups
CHF. 200.— for synchronized skating teams
- Multiple starts: For each additional start we grant a discount of CHF 15.—
- Entry fees are to be paid together with the entry and are to be sent by bank transfer to the following bank account of the Raiffeisenbank:
- Payment for: Raiffeisenbank Zürcher Oberland, 8610 Uster
For the benefit of: Urs Streule
Swiss Ice Trophy für Hobbyläufer
Felmisstrasse 80, CH-8494 Bauma
- Number of bank account: 80-18578-0
IBAN: CH33 8147 1000 0013 1291 4
BIC: RAIFCH22E71
Purpose of transfer: Name of participant & name of event (Swiss Ice Trophy)
- Costs and expenses for the bank transfer have to be covered by the sender. Eventual additional or delayed money transfer charges on the account of the Swiss Ice Trophy will be reimbursed in cash at the event. For late entry fees paid on the day of competition a supplement of CHF 25.— will be charged.
- By registering for the event you agree that your results and photos of the event may be published. Please note that we cannot refund any paid entry fees in case of a withdrawal.
- Program content sheet: Participants of the categories **SINGLE SKATING, PAIR SKATING, FREE DANCE** and **SYNCHRONIZED SKATING** have to indicate the elements of the program still **Tuesday, February 26, 2013**. Please use the Registration sheet available on www.swiss-ice-trophy.ch.
- Schedule: A detailed schedule of the competition will be issued after the closing date of entries and will be announced on www.swiss-ice-trophy.ch.
- Practise: Those skaters interested in practice ice are kindly asked to make a reservation (urs.streule@bluewin.ch) Also check the link on our official website.
Fees for practice ice:
CHF. 15.— per person (50 minutes)
CHF. 180.— per synchronized team (50 minutes)
- Skater party: Saturday in the evening a skater party with medal ceremony will take place in the Congress Hotel «Swiss Star» near the ice rink.
Free entree. Meals and drinks have to be paid by the participants.
- Accommodation: The official hotel with a special offer is Congress Hotel «Swiss Star» in Wetzikon. There is a link you will find a list with hotels near the ice rink. Reservation of hotel rooms by the skaters.
- Liability: The organizing committee does not assume any liability for any damages or injuries suffered.
- Reimbursement: The organizing committee does not refund any expenses for journey, accommodation and food.
- Music: Only CDs that have to be clearly marked (name, category) and that have to be in a technically perfect condition will be accepted. A replacement CD is highly recommended. We can only accept Audio CDs, no data CDs or any other medias.

5. Age categories

For single competitions, we organise the following age categories:

Class (AK) 0:	skaters born between July 1st, 1984 and June 30th, 1996
Class (AK) 1:	skaters born between July 1st, 1974 and June 30th, 1984
Class (AK) 2:	skaters born between July 1st, 1964 and June 30th, 1974
Class (AK) 3:	skaters born between July 1st, 1954 and June 30th, 1964
Class (AK) 4:	skaters born between July 1st, 1944 and June 30th, 1954
Class (AK) 5:	skaters born before June 30th, 1944

Ladies and gentlemen compete in separate competitions. For competitions with two or more skaters (Pairs Free Skating, Show Duo, Show Groups and all Ice Dance events (except SYS)), all participants must be born before June 30th 1996.

For the category SYS, 75% of the team skaters must be born between July 1st 1984 and June 30th 1934. 25% of the team skaters may be younger, but must have completed the age of 25 on July 1st 2012. After July 1st 2012, the team skaters may not have participated in any official national or international competition. Excluded from that rule are Adult National Championship. 25% der team skaters may be member in another national association (ISU member) if those are grant starting permission by their association. Per year a team skater may start for only one single other national association. This 25% rule applies for the team starting at the competition as well as for the entire team (including replacement skaters).

6. Program and categories

In the case of too few participants per category, the organizers reserve the right to cancel individual categories or combine age categories. Errors, omissions and changes excepted. We will periodically update our website with new information.

Participants with multiple start in the categories single and pairs with a single category (par Example Pattern Dance and Free Dance / Singles and Interpretation) always have to start on the same level. Participants may – in combination with other categories – compete on different levels.

SINGLE SKATING

Category ISU «Masters Free»

A competitor in the Masters Free Skating event must perform a well-balanced program that may contain:

- Jumps: **A maximum of seven (7) jump elements**, one of which must be an Axel jump.
 Single, double and triple jumps are permitted.
 A jump combination may consist of the same or another single, double or triple jump.
 There may be up to three jump combinations or jump sequences in the Free Program.
 One jump combination could consist of up to three (3) listed jumps, the other two up to two (2) listed jumps.
 A jump sequence may consist of any number of jumps of any number of revolutions that may be linked by non-listed jumps like mazurkas, etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no steps/ turns, crossovers or stroking during the sequence. However, only the two jumps with the highest value will count. Please note that a half loop in combination or in a sequence with any other listed jump will be called as a listed jump (1 Lo.)
 Any jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence.
- Spins: **A maximum of three (3) spins** of a different abbreviation, one of which must be a spin combination with a change of foot and one must be a flying spin.
 The spins must have a required minimum number of revolutions:
 five (5) for the flying spin with no change of foot after landing,
 five (5) for the spin with only one position and no change of foot
 five (5) for the spin combination with no change of foot
 eight (4 + 4) for the spin combination with change of foot or spin in one position with a change of foot.

	There must be a minimum of two (2) revolutions in each position or the position will not be counted.
Steps:	<p>A maximum of one (1) choreographic sequence (ChSq). A choreographic sequence consist of any kind of movements like steps, turns, spirals, arabesques, spread eagles, Ina Bauers, hydroblading, transitional (unlisted) jumps, spinning movements etc. A choreographic sequence for ladies must include at least one spiral (not a kick) of any length. The sequence commences with the first move and is concluded with the last move of the skater. The pattern is not restricted, but must fully utilize the ice surface.</p> <p>A choreographic sequence has to be skated to the music. A choreographic sequence has a base value and will be evaluated by the judges in GOE only.</p> <p>The first visible attempt to execute a choreographic sequence will contribute to the technical score.</p> <p>Additional spiral sequences and step sequences will not be counted in the technical score but will be counted as moves-in-the field (transitions) and marked as such.</p>
Factor:	The panels points for each Program Component are multiplied by a factor of 1.6
Duration:	The maximum time is 3 min. 10 sec., but may be less.

Category ISU «Adult Single Gold»

A competitor in the Adult Gold Free Skating event must perform a well-balanced program that may contain:

Jumps:	<p>A maximum of six (6) jump elements, consisting of any single or double jumps (including a single Axel) except double Flip, double Lutz and double Axel. No triple jumps are permitted.</p> <p>A jump combination may consist of the same or another single or double jump with the exclusion of the jumps as above. There may be up to three jump combinations or jump sequences in the Free Program. One jump combination could consist of up to three (3) listed jumps, the other two up to two (2) listed jumps.</p> <p>A jump sequence may consist of any number of single and double jumps, excluding a double Flip, a double Lutz, a double Axel and all triple jumps, that may be linked by non-listed jumps like mazurkas, etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no turns/steps, crossovers or stroking during the sequence. However, only the two jumps with the highest value will count. Please note that a half-loop in combination or in a sequence with any other listed jump will be called as a listed jump (1 Lo.)</p> <p>Any jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence.</p> <p>Non-listed jumps may be included in the program as part of connecting footwork, preceding single or double jumps.</p>
Spins:	<p>A maximum of three (3) spins of a different abbreviation, one of which must be a spin combination with a change of foot and one must be a flying spin.</p> <p>The spins must have a required minimum number of revolutions:</p> <p>four (4) for the flying spin with no change of foot after landing four (4) for the spin with only one position and no change of foot four (4) for the spin combination with no change of foot eight (4 + 4) for the spin combination with change of foot or spin in one position with a change of foot.</p> <p>There must be a minimum of two (2) revolutions in each position or the position will not be counted.</p>
Steps:	<p>A maximum of one (1) choreographic sequence (ChSq). A choreographic sequence consists of any kind of movements like steps, turns, spirals, arabesques, spread eagles, Ina Bauers, hydroblading, transitional (unlisted) jumps, spinning movements etc. A choreographic sequence for ladies must include at least one spiral (not a kick) of any length. The sequence commences with the first move and is concluded with the last move of the skater. The pattern is not restricted, but must fully utilize the ice surface. A choreographic sequence has to be skated to the music. A choreographic sequence has a base value and will be evaluated by the judges in GOE only.</p>

The first visible attempt to execute a choreographic sequence will contribute to the technical score.

Additional choreographic sequences and step sequences will not be counted in the technical score but will be counted as moves-in-the field (transitions) and marked as such.

Factor: The panels points for each Program Component are multiplied by a factor of 1.6

Duration: The maximum time is 2 min. 40 sec., but may be less.

Category ISU «Adult Single Silver»

A competitor in the Adult Silver Free Skating event must perform a well-balanced program that may contain:

- Jumps:** **A maximum of five (5) jump elements.** The single Axel and all other single jumps are permitted. No double jumps or triple jumps are permitted.
 A jump combination may consist of the same or another single jump. There may be up to three jump combinations or jump sequences in the Free Program. One jump combination could consist of up to three (3) listed jumps, the other two up to two (2) listed jumps.
 A jump sequence may consist of any number of single jumps that may be linked by non-listed jumps like mazurkas, etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no turns/steps, crossovers or stroking during the sequence. However, only the two jumps with the highest value will count. Please note that a half-loop in combination or in a sequence with any other listed jump will be called as a listed jump (1 Lo.)
 Any jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence.
 Non-listed jumps may be included in the program as part of connecting footwork, preceding single jumps or an axel type jump.
- Spins:** **A maximum of three (3) spins** of different abbreviations, one of which must be a spin combination.
 The spins must have a required minimum number of revolutions:
 three (3) for the flying spin with no change of foot after landing
 three (3) for the spin with only one position and no change of foot
 four (4) for the spin combination with no change of foot
 eight (4 + 4) for the spin combination with change of foot or spin in one position with a change of foot.
 There must be a minimum of two (2) revolutions in each position or the position will not be counted.
- Steps:** **A maximum of one (1) choreographic sequence (ChSq).**
 A choreographic sequence consists of any kind of movements like steps, turns, spirals, arabesques, spread eagles, Ina Bauers, hydroblading, transitional (unlisted) jumps, spinning movements etc. A choreographic sequence for ladies must include at least one spiral (not a kick) of any length. The sequence commences with the first move and is concluded with the last move of the skater. The pattern is not restricted, but must fully utilize the ice surface. A choreographic sequence has to be skated to the music. A choreographic sequence has a base value and will be evaluated by the judges in GOE only. The first visible attempt to execute a choreographic sequence will contribute to the technical score.
 Additional choreographic sequences and step sequences will not be counted in the technical score but will be counted as moves-in-the field (transitions) and marked as such.
- Factor: The panels points for each Program Component are multiplied by a factor of 1.6
- Duration: The maximum time is 2 min. 10 sec., but may be less.

Category ISU «Adult Single Bronze»

A competitor in the Adult Bronze Free Skating event must perform a well-balanced program that must contain:

- Jumps:** **A maximum of four (4) jump elements.** Only single jumps are permitted, no Axel type jump, no double or triple jumps can be included.
 A jump combination may consist of the same or another single jump. There may be up to three jump combinations or jump sequences in the Free Program. One jump combination could consist of up to three (3) listed jumps, the other two up to two (2) listed jumps.
 A jump sequence may consist of any number of single jumps that may be linked by non-listed jumps like mazurkas, etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no turns/steps, crossovers or stroking during the sequence.
 However, only the two jumps with the highest value will count. Please note that a half-loop in combination or in a sequence with any other listed jump will be called as a listed jump (1 Lo.).
 Any jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence.
 Non-listed jumps may be included in the program as part of connecting footwork preceding single jumps.
- Spins:** **A maximum of two (2) spins** of a different abbreviation;
 The spins must have a required minimum number of revolutions:
 three (3) for the spin with only one position and no change of foot
 four (4) for the spin combination with no change of foot
 six (3 + 3) for the spin combination with change of foot.
 Flying spins are not permitted.
 There must be a minimum of two (2) revolutions in each position or the position will not be counted.
- Steps:** **A maximum of one (1) choreographic sequence (ChSq).**
 A choreographic sequence consists of any kind of movements like steps, turns, spirals, arabesques, spread eagles, Ina Bauers, hydroblading, transitional (unlisted) jumps, spinning movements etc. A choreographic sequence for ladies must include at least one spiral (not a kick) of any length. The sequence commences with the first move and is concluded with the last move of the skater. The pattern is not restricted, but must fully utilize the ice surface. A choreographic sequence has to be skated to the music. A choreographic sequence has a base value and will be evaluated by the judges in GOE only. The first visible attempt to execute a choreographic sequence will contribute to the technical score.
 Additional choreographic sequences and step sequences will not be counted in the technical score but will be counted as moves-in-the field (transitions) and marked as such.
- Factor:** The panels points for each Program Component are multiplied by a factor of 1.6
- Duration:** The maximum time is 1 min. 50 sec., but may be less.

Category Amateur sports «Silver passed»

This category is only available to skaters in age category 0. No inclusion on the Cup of Europe scoring.

- Jumps:** **Ladies: A maximum of seven (7) jump elements**
Men: A maximum of eight (8) jump elements
 One (1) Axel-type jump*
 Max. three (3) combos or sequences
 Combos limited to two (2) jumps, but one 3-jump combo is permitted
 Number of jumps in sequence is free, but only the 2 most difficult jumps will be counted
 2 triples or quads may be repeated, but must be in combo or sequence
 Max. two (2) double Axel as solo jump or in combo/sequence
 *means element is required

Spins:	<p>A maximum of three (3) spins (Ladies and Men)</p> <p>One (1) flying entry*</p> <p>One (1) spin combination, with/without change of foot*</p> <p>One (1) spin with only 1 position*</p> <p>Min. 6 revs, 10 revs for combo, min. 2 revs in position</p> <p>All spins may change feet and start with a flying entry</p> <p>Spins must be of a different nature</p> <p>*means element is required</p>
Step and Choreographic Sequences:	<p>A maximum of one (1) step sequence, <u>fully utilizing the ice surface</u></p>
Components:	<ul style="list-style-type: none"> • Skating Skills • Transitions (including Choreography) • Performance (aggregated rating of interpretation and performance)
Deduction:	According to ISU
Factor:	2.0
Bonus 2nd half:	1.1 (Jumps)
Duration Ladies:	3 min. 30 sec., +/- 10 sec. (according to the ISU-regulations)
Duration Men:	4 min., +/- 10 sec. (according to the ISU-regulations)

Category Amateur sports «Inter Silver passed»

This category is only available to skaters in age category 0. No inclusion on the Cup of Europe scoring.

Jumps:	<p>Ladies: A maximum of six (6) jumps</p> <p>Men: A maximum of seven (7) jumps</p> <p>Min. one (1) Axel-type jump*</p> <p>Max. two (2) combos or sequences</p> <p>Combos limited to two (2) jumps</p> <p>Number of jumps in sequence is free, but only the 2 most difficult jumps will be counted</p> <p>No more than two (2) jumps that are 2 ½ or 3 revolutions may be repeated. If these jumps are repeated, they must be repeated either in a jump combo or a jump sequence.</p> <p>*means element is required</p>
Spins:	<p>A maximum of two (2) Spins (Ladies and Men)</p> <p>One (1) spin combination, with/without change of foot*</p> <p>One (1) flying spin or a spin with a flying entry*</p> <p>Min. 6 revs, 10 revs for combos, min. 2 revs in position</p> <p>Spins may change feet. The number of changes of foot in the spin combo is optional.</p> <p>Spins must be of a different nature.</p> <p>*means element is required</p>
Step and Choreographic Sequences:	<p>A maximum of one (1) step sequence, <u>fully utilizing the ice surface</u></p>
Components:	<ul style="list-style-type: none"> • Skating Skills • Transitions (including Choreography) • Performance (aggregated rating of interpretation and performance)
Deduction:	According to ISU
Factor:	2.0
Bonus 2nd half:	1.1 (Jumps)
Duration Ladies:	3 min., +/- 10 sec. (according to the ISU-regulations)
Duration Men:	3 min. 30 sec., +/- 10 sec. (according to the ISU-regulations)

Category Amateur sports «Bronze passed»

This category is only available to skaters in age category 0. No inclusion on the Cup of Europe scoring.

Jumps:	<p>A maximum of six (6) jump elements Min. one (1) Axel-type jump Max. two (2) jump combinations or sequences The combinations may contain only 2 jumps The sequence may contain more, but only the 2 most difficult jumps are counted</p>
Spins:	<p>A maximum of two (2) spins The spins must be of different types, of which One (1) combination (min. 10 revolutions) One (1) flying entry (min. 6 revolutions) Change of foot permitted (mind 5 revolutions on each foot) Change of position permitted.</p>
Steps:	<p>A maximum of one (1) step sequence</p>
Components:	<ul style="list-style-type: none"> • Skating Skills • Transitions (including Choreography) • Performance (aggregated rating of interpretation and performance)
Fall deduction:	0.5 points per fall
Factor:	2.0
Bonus 2nd half:	1.1 (Jumps)
Duration:	3 min., +/- 10 sec.

Category Amateur sports «Inter Bronze passed»

This category is only available to skaters in age category 0. No inclusion on the Cup of Europe scoring.

Jumps:	<p>A maximum of five (5) jumps Max. two (2) combinations or sequences The combinations may contain only two (2) jumps The sequence may contain more, but only the 2 most difficult jumps are counted</p>
Spins:	<p>A maximum of two (2) spins from the following types: USp, SSp, CSp, LSp, CCoSp, CoSp*, CSSp, CCSp or CUSp. One (1) spin must be in one (1) position. Change of foot permitted. All spins are counted with level B. * For types CoSp A and CoSp B to be counted the «Upright-Position» must contain a simple or difficult variation - e.g. sit-spin or camel spin in a simple or difficult variation in the «Upright-Position». A minimum of two revolutions must be in a base position.</p>
Steps:	<p>A maximum of one (1) Choreographic sequence, which must contain at least 2 spiral positions (one right and one left). One of the two positions must be kept for a minimum of 3 seconds. «No value» is scored if no position is held for a minimum of 3 seconds. The choreographic sequence may be combined with three turns, steps,, Arabesques, etc. The spirals must be shown on an edge. The track image is free, but it must be performed in a way that it is well visible. The choreographic sequence will be rated with ChSq B.</p>
Components:	<ul style="list-style-type: none"> • Skating Skills • Transitions (including Choreography) • Performance (aggregated rating of interpretation and performance)
Fall deduction:	0.5 points per fall
Factor:	2.0
Bonus 2nd half:	1.0 (Jumps)
Duration:	2 min. 30 sec., +/- 10 sec.

Category Amateur sports «without SEV test»

This category is only available to skaters in age category 0. No inclusion on the Cup of Europe scoring.

Jumps:	<p>A maximum of four (4) jumps Max. two (2) combinations or sequences The combinations may contain only two (2) jumps The sequence may contain more, but only the 2 most difficult jumps are counted Axel or double jumps are not allowed.</p>
Spins:	<p>A maximum of two (2) spins from the following types: USp, SSp, CSp, CUSp, CoSp* All spins are counted with level A. * For types CoSp A and CoSp B to be counted the «Upright-Position» must contain a simple or difficult variation - e.g. sit-spin or camel spin in a simple or difficult variation in the «Upright-Position». A minimum of two revolutions must be in a base position.</p>
Steps:	<p>A maximum of one (1) Choreographic sequence, which must contain at least 2 spiral positions (one right and one left). One of the two positions must be kept for a minimum of 2 seconds. «No value» is scored if no position is held for a minimum of 2 seconds. The choreographic sequence may be combined with three turns, steps,, Arabesques, etc. The spirals must be shown on an edge. The track image is free, but it must be performed in a way that it is well visible. The choreographic sequence will be rated with ChSq A.</p>
Components:	<ul style="list-style-type: none"> • Skating Skills • Transitions (including Choreography) • Performance (aggregated rating of interpretation and performance)
Fall deduction:	0.5 points per fall
Factor:	2.0
Bonus 2nd half:	1.0 (Jumps)
Music:	Vocal music is permitted.
Duration:	2 min., +/- 10 sec.

PAIR SKATING

Pair events consist of Free Skating only. Each pair must consist of a man and a lady. The man must be the male skater, the lady the female skater.

Category ISU «Masters Pair Skating»

Couples must perform a well-balanced program that may contain:

Lifts:	A maximum of three (3) different lifts , one of which may be a twist lift.
Throw jumps:	A maximum of two (2) throw jumps (single or double).
Solo jump:	A maximum of one (1) solo jump . Single, double or triple jumps are permitted. Any solo jump with more than two (2) revolutions must be of a different name.
Jump combination:	A maximum of one (1) jump combination with a maximum of three listed jumps included or one (1) jump sequence (the two jumps with the highest value will count for points). The jump combination or sequence can include two (2) same jumps.
Pair spin:	A maximum of one (1) pair spin or pair combination spin . The pair spin must have a required minimum number of four (4) revolutions and the pair combination spin a minimum of three (3) revolutions on each foot. There must be a minimum of two (2) revolutions in each position or the position will not be counted.

Solo spin:	<p>A maximum of one (1) solo spin or solo spin combination. The required minimum number of revolutions: for the flying spin and for the spin with only one position and no change of foot is five (5) and for the spin in one position or spin combination with change of foot there have to be a minimum of four (4) revolutions on each foot. There must be a minimum of two (2) revolutions in each position or the position will not be counted.</p>
Death spiral:	<p>A maximum of one (1) death spiral or pivot figure (position optional). At least $\frac{3}{4}$ revolutions in pivot position by the man is required.</p>
Choreographic sequence:	<p>A maximum of one (1) choreographic sequence (ChSq). A choreographic sequence consists of any kind of movements like steps, turns, spirals, arabesques, spread eagles, Ina Bauers, hydroblading, transitional (unlisted) jumps, spinning movements etc. A choreographic sequence must include at least one spiral (not a kick) of any length for both partners. The sequence commences with the first move and is concluded with the last move of the skaters. The pattern is not restricted, but must fully utilize the ice surface. A choreographic sequence has to be skated to the music. A choreographic sequence has a base value and will be evaluated by the judges in GOE only. The first visible attempt to execute a choreographic sequence will contribute to the technical score. Additional choreographic sequences and step sequences will not be counted in the technical score but will be counted as moves-in-the field (transitions) and marked as such.</p>
Factor:	The panels points for each Program Component are multiplied by a factor of 1.6
Duration:	The maximum time is 3 min. 10 sec., but may be less.

Category ISU «Adult Pair Skating»

Couples must perform a well-balanced program that demonstrates skating skills, timing and unison, and full use of the ice surface. There are no required elements, but couples may choose to include up to eight (8) elements selected from:

Lifts:	<p>A maximum of two (2) different lifts of Group 1 or Group 2 with a minimum $\frac{1}{2}$ revolution for the man. Variations of the lady's position, no-handed and one-handed lifts, and combination lifts are not permitted. Overhead lifts and twist lifts are not permitted. A different take-off counts as a different lift.</p>
Solo jump:	A maximum of one (1) solo jump. Only single jumps are permitted.
Jump combination:	A maximum of one (1) jump combination with a maximum of three jumps included or one (1) jump sequence (the two jumps with the highest value will count for points).
Throw jump:	A maximum of one (1) throw jump. Only single jumps are permitted.
Pair spin:	<p>A maximum of one (1) pair spin or pair combination spin. The spin must have a required minimum number of: Three (3) revolutions and the pair combination spin a minimum of three (3) revolutions on each foot. There must be a minimum of two (2) revolutions in each position or the position will not be counted.</p>
Death spiral:	<p>A maximum of one (1) death spiral or pivot figure (position optional). At least $\frac{3}{4}$ revolution in pivot position by the man is required.</p>
Choreographic sequence:	<p>A maximum of one (1) choreographic sequence (ChSq). A choreographic sequence consists of any kind of movements like steps, turns, spirals, arabesques, spread eagles, Ina Bauers, hydroblading, transitional (unlisted) jumps, spinning movements etc. A choreographic sequence must include at least one spiral (not a kick) of any length for both partners. The sequence commences with the first move and is concluded with the last move of the skaters. The pattern is not restricted, but must fully utilize the ice surface. A choreographic sequence has to be skated to the music. A choreographic sequence has a base value and will be evaluated by the judges in GOE only.</p>

The first visible attempt to execute a choreographic sequence will contribute to the technical score.

Additional choreographic sequences and step sequences will not be counted in the technical score but will be counted as moves-in-the field (transitions) and marked as such.

Factor: The panels points for each Program Component are multiplied by a factor of 1.6

Duration: The maximum time is 2 min. 50 sec., but may be less.

PATTERN DANCE (ICE DANCE)

Each couple consists of a man and a lady. The man must skate the Man's steps, the lady must skate the Lady's steps.

The referee will indicate the starting point of each dance.

Components (ISU Categories): The pattern dances will be judged only on the basis of Presentation Components (program components):

- Skating Skills: 0,75
- Performances: 0,50
- Interpretation: 0,50
- Timing: 0,75

Music (ISU Categories): In accordance with new ISU Rules:
Official Pattern Music will be used, except that couples shall provide their own music for the following Pattern Dances:

Viennese Waltz (Adult Gold Pattern Dance)

Rocker Foxtrott (Adult Silver Pattern Dance)

Foxtrott (Adult Bronze Pattern Dance)

The music must be chosen in accordance with the rhythm of the pattern dance. The tempo throughout the required sequences must be constant and in accordance with the required tempo of the pattern dance, \pm two (2) beats per minute.

Vocal music is allowed.

The second pattern dance in each category will use ISU Ice Dance music which will be provided by the organizers.

Deduction (ISU Categories): The couple shall furnish completion music in accordance with Rule 343, paragraph 1.
A violation of tempo specifications will result in a 1.0 point deduction by the referee.

Category ISU «Adult Gold Pattern Dance»

This category contributes to the rating for the «International Swiss Adult Cup for Ice Dancing».

#7	Viennese Waltz	(2 sequences)
#18	Silver Samba	(2 sequences)

Category ISU «Adult Silver Pattern Dance»

This category contributes to the rating for the «International Swiss Adult Cup for Ice Dancing».

# 3	Rocker Foxtrot	(4 sequences)
# 5	American Waltz	(2 sequences)

Category ISU «Adult Bronze Pattern Dance»

This category contributes to the rating for the «International Swiss Adult Cup for Ice Dancing».

# 1	Fourteen-Step	(3 sequences)
# 2	Foxtrot	(2 sequences)

Category Interclub «Adult Compulsory Dance»

This category is open to any adult skater who never skated at a high level i.e. the corresponding skaters must not have practiced on the ice for more than three hours per week until the age of 16 years. Each couple consists of a man and a lady. The man must skate the Man's steps, the lady must skate the Lady's steps.

Compulsory Dance:	Canasta Tango	(4 sequences)
Marking:	According ISU-Communication 1400 Nr.1 Fourteen-Step	
Music:	Tango	

FREE DANCE (ICE DANCE)

Dance event consist of Free Dance only. Each pair must consist of a man and a lady. The man must be the male skater, the lady the female skater.

Category ISU «Gold Free Dance»

This category contributes to the rating for the «International Swiss Adult Cup for Ice Dancing».

In accordance with Rule 610 and all pertinent ISU Communications, especially ISU Communication No. 1721 and 1738. The requirements for a well-balanced program are:

Dance lifts:	A maximum of two (2) different dance lifts , one (1) short lift with a maximum duration of 6 sec. and one (1) long lift with a maximum duration of 12 seconds <u>or</u> three (3) different types of short lifts.
Dance spin:	A maximum of one (1) Dance Spin , with optional positions. A simple spin with no change of foot consisting of at least three (3) rotations for each partner or a Combination Spin with a change of foot consisting of at least three (3) rotations on each foot is permitted.
Diagonal in hold Step Sequence:	A maximum of one (1) Diagonal in hold Step Sequence.
Twizzles:	A maximum of one (1) set of Synchronized Twizzles with up to three (3) steps between.
Components:	The multiplying factors for the Program components for the Free Dance are: <ul style="list-style-type: none"> • Skating Skills: 1,25 • Transitions/ Linking Footwork/ Movements: 1,75 • Performance, Execution: 1,00 • Choreography, Composition: 1,00 • Interpretation/ Timing: 1,00
Music:	Vocal music is permitted.
Duration:	The maximum time is 3 min. 10 sec., but may be less.

Category ISU «Silver Free Dance»

This category contributes to the rating for the «International Swiss Adult Cup for Ice Dancing».

In accordance with Rule 610 and all pertinent ISU Communications, especially ISU Communication No. 1721 and 1738. The requirements for a well-balanced program are:

Dance lift:	A maximum of one (1) dance lift , with a maximum duration of 6 sec.
Circular in hold Step Sequence:	A maximum of one (1) Circular in hold Step Sequence (clockwise or anti clockwise).
Twizzles:	A maximum of one (1) set of Synchronized Twizzles with up to three (3) steps between.

Dance spin:	A maximum of one (1) Dance Spin with optional positions. A simple spin with no change of foot consisting of at least three (3) revolutions for each partner or a Combination Spin with a change of foot consisting of at least three (3) rotations on each foot is permitted.
Components:	The multiplying factors for the Program components for the Free Dance are: <ul style="list-style-type: none"> • Skating Skills: 1,25 • Transitions/ Linking Footwork/ Movements: 1,75 • Performance, Execution: 1,00 • Choreography, Composition: 1,00 • Interpretation/ Timing: 1,00
Music:	Vocal music is permitted.
Duration:	The maximum time is 2 min. 40 sec., but may be less.

Category ISU «Bronze Free Dance»

In accordance with Rule 610 and all pertinent ISU Communications, especially ISU Communication No. 1721 and 1738.

The requirements for a well-balanced program are:

Dance lift:	A maximum of one (1) dance lift , with a maximum duration of 6 sec.
Circular in hold step Sequence:	A Maximum of one (1) Circular in hold step Sequence (clockwise or anti clockwise).
Dance spin:	A maximum of one (1) Dance Spin with optional positions. A simple spin with no change of foot consisting of at least three (3) revolutions for each partner or a Combination Spin with a change of foot consisting of at least three (3) rotations on each foot is permitted.
Components:	The multiplying factors for the Program components for the Free Dance are: <ul style="list-style-type: none"> • Skating Skills: 1,25 • Transitions/ Linking Footwork/ Movements: 1,75 • Performance, Execution: 1,00 • Choreography, Composition: 1,00 • Interpretation/ Timing: 1,00
Music:	Vocal music is permitted.
Duration:	The maximum time is 2 min., but may be less.

SOLO DANCE

Men perform steps of the man; women perform steps of the woman.

Components:	Factors in each dance for Program Components: <ul style="list-style-type: none"> • Skating Skills: 0,75 • Performances: 0,50 • Interpretation: 0,50 • Timing: 0,75
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Category Interclub «Solo Dance Gold»

This category contributes to the rating for the «International Swiss Adult Cup for Ice Dancing».

This category is open to any former high level skater who does no longer skate at a competition level.

In competition one compulsory dance will be skated single according to the rules of the International Skating Union (ISU):

Compulsory Dance:	Paso Doble	(3 sequences)
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Category Interclub «Solo Dance Silber»

This category contributes to the rating for the «International Swiss Adult Cup for Ice Dancing».

This category is open to any adult skater who never skated at a high level i.e. the corresponding skaters must not have practiced on the ice for more than three hours per week until the age of 16 years.

In competition the compulsory dance will be skated single according to the rules of the International Skating Union (ISU):

Compulsory Dance: Harris-Tango (2 sequences)

Category Interclub «Solo Dance Bronze»

This category contributes to the rating for the «International Swiss Adult Cup for Ice Dancing».

This category is open to adult skaters which are beginners. They should never have competed at a high level before.

In competition the compulsory dance will be skated single according to the rules of the International Skating Union (ISU):

Compulsory Dance: European Waltz (2 sequences)

SYNCHRONIZED SKATING

Category ISU «Synchronized Skating Adult»

A team shall consist of 8-16 skaters with a maximum number of four (4) alternate skaters, and may include both ladies and men.

Age limit according ISU rules (all skaters must be born with age categories 1 - 5, for special rules see «age categories»).

The Free Program must be skated according to ISU Rules 2012 (Special Regulations & Technical Rules Synchronized Skating 2012, ISU Communications No. 1759 and all other pertinent ISU Communications).

The teams must skate a balanced Free Skating Program which may contain the following six (6) elements:

- one (1) block (B);
- one (1) circle (C);
- one (1) creative element (Cr)
- one (1) line (L);
- one (1) wheel (W);
- one (1) intersection (I);

Additional elements may be incorporated into the Free Skating Program and will be judged as transitions and/or choreography components. The Program Content sheet should indicate which additional elements are transition/choreography elements.

Definitions of recommended elements are in accordance with ISU Rules 905 and 911, paragraph 2.

Teams may attempt any level, but the highest level that will be called for an element will be level 3. Highest difficulty Group of Features may be attempted and will be called as executed.

Difficulty Groups of Elements and Features and the description of their requirements are in accordance with the pertinent ISU Communications.

Illegal Elements: The illegal elements are those applicable to Junior Free Skating, Rule 912, paragraph 10 b, In addition, «vaults» are also illegal.

Holds: **Minimum of three (3) different** recognizable holds are required. A deduction will be made by the Referee if the required number of holds is not in the program.

Factor: Free Skating: for Program Components 1.0

Music: Vocal music using lyrics is permitted. Rule 911, paragraph 1 i) shall apply.

Duration: A maximum of 3 min.10 sec., but may be less.
The time must be reckoned from the moment that the Team begins a skating movement (glide) until arriving at a complete stop at the end of the program.

Practice offered: Official Practice ice will be offered on the day of the SYS competition.

Category Interclub «SYS Mixed Age»

All skaters must be born within age categories 0-5. No special rules apply.

Number of skaters: 12 – 16

The teams must skate a Program which may contain the following six (6) elements:

- one (1) block (B);
- one (1) circle (C);
- one (1) line (L);
- one (1) wheel (W);
- one (1) intersection (I);
- one (1) creative element

Holds: Minimum of three (3) different recognizable holds are required.

Factor: 1.6

Duration: The maximum time is 3 min. 30 sec., but may be less.

ARTISTIC FREE SKATING

This competition will be held individually for men and ladies.

Category ISU «Gold Artistic Free»

The artistic program consists of a variety of skating moves selected for their value in enhancing the skater's interpretation of the music rather than for their technical difficulty. Skaters will be judged on their ability to interpret the music by movement and by using their skating skills.

Das artistic program is a competition which must contain the following figure skating elements:

Jumps: **At least one (1) but a maximum of two (2) single jumps.**

No axel jump or double jumps are allowed.

Spins: **At least one (1) but a maximum of two (2) spins** MUST be included.

The will be no special scoring for skill levels of jumps and spins. These elements will only be judged depending on how they promote the artistic interpretation of the music.

The program must be developed through skating skill and quality rather than through non-skating actions such as sliding on one knee or excessive use of toe steps which should be used only to reflect the character of the program and to underline the rhythm and nuances of the chosen music. The skater must not remain in one place for more than five (5) seconds.

Costumes should be simple, tasteful and selected to enhance the performance by appropriately reflecting the character of the music and theme.

Props may not be used in any part of the artistic programs. Any item that is held in the hand or removed during the performance is considered a prop. Thus, for example, a hat worn throughout the program is not considered to be a prop, but if it is intentionally removed during the performance it is considered a prop. Objects on the ice, thrown in the audience, placed on the boards or on the judges table are not permitted. Costumes that contain particles that may mar or leave anything on the ice surface (feathers, boas, excessive beading) are considered unsafe and are not permitted. The Referee is responsible for prop deductions.

Components: The artistic event will be judged only on the basis of Presentation Components (program components):

- Skating skills
- Transitions
- Performance/Execution
- Choreography/Composition
- Interpretation/Timing

Illegal elements: Somersault type jumps
Lying on the ice and prolonged and/or stationary kneeling on both knees on the ice

Deductions:	Any element exceeding the maximum number as set forth above will be judged as illegal element (2.0 deduction); if there is no jump or no spin element included or only a jump and no spin or vice versa a deduction for a «missing element» of 2.0 will be made. The Referee is responsible for such deductions.
Rating:	There will not be a technical panel and no technical score given.
Music:	Vocal music is permitted.
Duration:	The maximum time is 1 min. 40 sec., but may be less.

Category ISU «Silver Artistic Free»

The technical requirements are identical to category «Gold Artistic Free».

Category ISU «Bronze Artistic Free»

The technical requirements are identical to category «Gold Artistic Free».

SHOW

Category Interclub «Show Gold»

This category is open to any former high level skater who does no longer skate at a competition level.

The objective of the show program is the interpretation of a musical theme on the ice in an individual, original and creative manner. The costume as well as make-up, accessories and props are allowed to be used for this purpose. But they should not be given priority. The maximum assembling time for props is 1.00 min. Only two extra persons are permitted. The use of vocal music is permitted. Jumps and spins are principally regarded as means of interpretation. A maximum of three jump elements is authorized. In category II skaters are only allowed to perform single jumps. There are no further limitations as far as skating elements are concerned.

Components:	The performance will be assessed by using of components:
	<ul style="list-style-type: none"> • Skating Skills: 1,6 (such as technical quality of the elements like jumps and spins, the use of edges, the ability of gliding and the flow, the diversity) • Transitions: 1,0 (such as the difficulty and the quality of the transitions, of the steps and of the step connections) • Performance: 1,6 (such as the carriage, the emotional involvement of the skater and his connection to the audience) • Choreography: 2,0 (such as the conception, the variation of the speed and the ice coverage. Special credit will be given for originality and for innovative skating.) • Interpretation: 2,0 (such as the power of expression and the consistency of the program, the expression as well as the musicality)
Deductions:	For missing or illegal elements, falls, prolonged time deductions of 1,0 points will be made.
Music:	Vocal music is permitted.
Duration:	The maximum time is 3 min. 10 sec., but may be less.

Category Interclub «Show Silver»

This category is intended for competition oriented recreational skaters. They may not have engaged in competitive sports in the past 10 years. Former master class or junior skaters with starts at national competitions are not allowed in this category.

Duration and program content same as in «Show Gold».

Category Interclub «Show Bronze»

Skaters in this category may have never performed skating on competition level (and not followed more than 3 hours of training per week until the age of 16). Double jumps are not allowed in this category.

Duration, program content and rating same as in «Show Gold».

Category Interclub «Show Duo»

This category allows for couples independent of the gender (Lady/Men, Lady/Lady, Men/Men).

Duration, program content and rating same as in «Show Gold».

Category Interclub «Show Group»

This category is for groups of more than 2 skates independent for their gender.

Duration, program content and rating same as in «Show Gold».

7. Calculation of the results

Swiss Ice Trophy

The calculation of the results will be done according to the rules of the New Judging System. The judges will be invited by the organizer.

Cup of Europe

The final classification in every category will be calculated for each category by summary of points obtained by the athletes in the competitions «Cup of Germany for Adult Skaters» and «Swiss Ice Trophy».

International Swiss Adult Cup for Ice Dancing:

The rating from the three competitions «Basler Tanzturnier», «Läckerli-Cup» and "Swiss Ice Trophy» are combined and form the rating for the «International Swiss Adult Cup for Ice Dancing». Skaters from outside Switzerland are cordially invited to participate too.

Zürich, 15.11.2012

Urs Streule
Technical Director