



Gary Beacom Blade Master Seminars

For skaters, coaches, audience, clubs, federations, fans & all!



* Gary's Seminar Highlights



* Gary's Demonstration and Performance

* Precise explanation of Basic skating technique

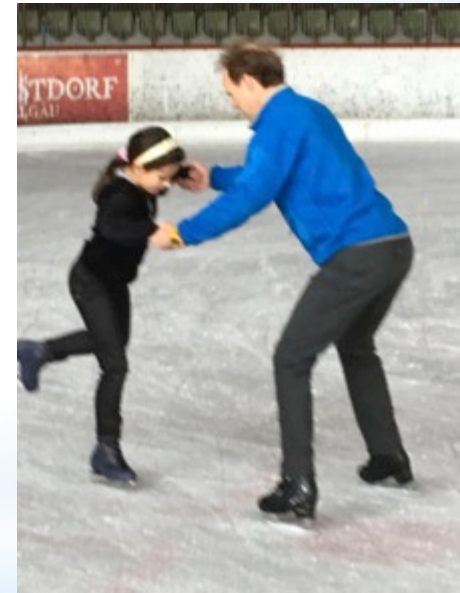
* Using Music and Rhythm Learn Visually & Auditorily

* Positive & Encouraging approach



*Ultimate Joy of skating for all age and levels

- Gliding
- Speed
- Curves
- Backward
- One Foot Skating
- Turns
- Jumps & Spins
- Music



Demonstration

by Legend Skater

GARY BEACOM



- Gary is currently competing at IJS system competitions (ISU Adult, Invitational)
- Gary is practicing skating every day
- Gary's professional skating era 80's-90's was the golden time of figure skating culture
- * John Curry, Toller Cranston, and other influential notables died or stopped skating

Figure-based Skating Fundamentals

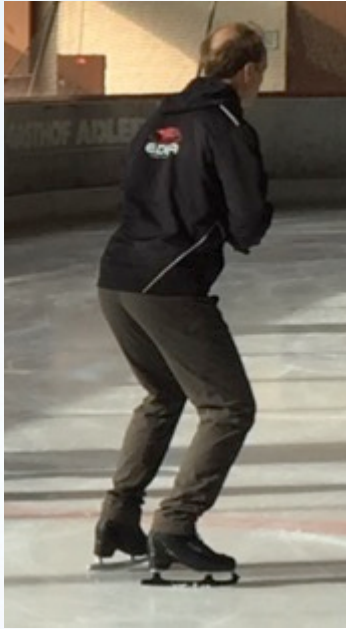


Lean One-Foot Skating

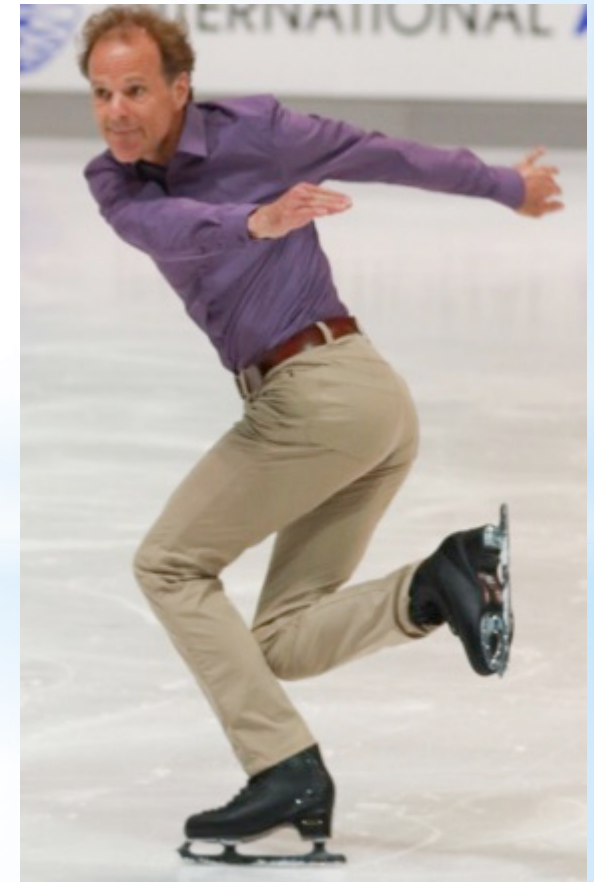
Current Skating Champions &
Dance and Ballet professionals
don't cover

Two feet and flat edge skating are not figure skating movement, and don't look beautiful. Gary is the specialist of blade movement.

Athletic Positions Foot Alignment



Explain how to apply
**BASIC SPORTS BODY
ALIGNMENT**
& **FOOT POSITION**
into Skating movement.



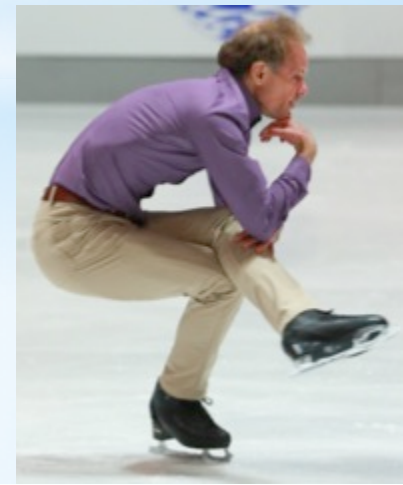


Blade Movement Musicality

- * How to interpret and use
Rhythm, Melody, Notes, Instruments
- * by using mix of **Curves, Turns, Jumps and Spins**

By One-Foot Skating

Retired ISU Referee, Hideo Sugita commented:
"ISU used Gary's skating performance to educate judges how to evaluate Interpretation of Music in Components Score when announced new judging system."



Performing and skating more than 50 years



- * Keeps learning and developing skating more than 50 years continuously.



- * Has experienced and examined many different skating techniques which he learned or discovered by legend skating coaches and historical figure skaters all over the world.



* Fundamentals of Jumps & Spins from 50 years of skating

* How to use

LEAN and CURVE

to make easier jumps and spins
for all levels and ages of skaters



Healthy Lifestyle Ideal Figure Skater

* Nutrition

- * Study nutrition ingredients: Shops and prepares own organic food

* Conditioning

- * Resting, sleeping, over-all physical activities, other sports to supplement for high level figure skating

* Priority and Time Management

- * Make schedule to improve skating, not to own and achieve too many things: simple life style



*Be responsible for your skating

Face your reality.

Understand what you are doing on ice.

Be proactive to improve your skating.



***After taking Seminar,**

skaters, parents &

coaches learn...



- * More attention to blade control (Lean / One-Foot Skating)
 - * Discover precise procedure and movement: how spins and jumps happen.
- * Respect music and be able to dance your own program by using blade
- * Be independent and motivated

* Price List

* **Promotional Seminar** : 500 euro

- * 10-25 Skaters 1 hour on ice + 1 hour off ice OR
- * 25-40 Skaters 1 hour on ice each groups (2 groups)

* **Blade Master Seminar Basic** : 1500 euro

- * Total 5 hours seminar (On/Off ice) : Total 10-35 skaters

* **Blade Master Seminar Plus**: 2600 euro

- * Total 10 hours seminar (On/Off ice) : Total 20-40 skaters

+Plus Cost depending on each trip

1) Accommodations 80 euro flat fee per night.

2) Public transportation allocations divided by number of clubs visit in one trip (minimum 150 euro per club)

* Promotional seminar is only once at one club

Past host cities, clubs

- * Japan: Niigata, Nagoya, Tsuruga, Okayama, Nagano, Chiba, Nikko, Kurashiki, Osaka, Tokyo, Saitama, Higashi-Fushimi
- * Canada: Toronto Cricket Club, North Toronto, Urban Edge, Brampton-Chinguacousy, West Toronto, 8-Points, Richmond Training Centre, Leaside, Granite Club, Scarboro, Minden, Petawawa, North Bay, Vernon, Sudbury, Sault Ste Marie, Thunder Bay, Kenora, Hamilton, Kitchener-Waterloo, Western Ontario Section, Eastern Ontario Section, Minto, Orono, Nepean, Brandon, Regina, Moose Jaw, Swift Current, Okotoks, High River, Canmore, Grimshaw, Edmonton Royal Glenora, Edmonton Fliteway, CalAlta, Olympia, Kamloops, Calgary, Vancouver, Victoria,
- * U.K: Cardiff, Blackpool, Deeside, Dundee, Aberdeen, Birmingham, Coventry, Gillingham, Bradford, Guildford, UK Coach's conference
 - * Slovenia: Bled, Finland: Helsinki
 - * France: Annecy. Tallinn, Estonia, Italy: Torino
 - * Germany: Oberstdorf, Stuttgart,
 - * South Africa Cape Town
 - * China, Shanghi, Zibo

* Skating Accomplishments

- * 1977 Canadian Junior Men Champion
- * 1983-1984 World Team
- * 1984 Salajvo Olympic Men's Single
- * 1984-86 Torvill and Dean World Tour
- * 1991-98 Champion on Ice Tour
- * 1988 World Professional Champion
- * 1988-90 Boitano Witt Skating Tour
- * 1992 Stars On Ice
- * Ice Theater of New York featured artist
- * 2014-16 ISU Adult Elite Masters Men's Freeskate/Artistic Champion

*To make Seminar happen

STEP 1 : Provide Ice arena address & dates

STEP 2 : Provide number of total skaters participate

STEP 3 : Provide detail information in registration form

After you register we provide

- Blade Master Seminar Flyer PPT, PDF, JIF
- Skater's seminar registration format, Word or Excel
- Announce Seminar date, time and place and contact person by Social Media and Gary's website

*What you need to prepare

- Ice Time
- Off Ice room
- Organize 10-40 Skaters
- Send Registration Form
- Send deposit 30 days before seminar date

* For Federations

- * Good seminar for athlete development to work fundamentals of skating with enthusiastic and interesting environment.
- * Great opportunity to increase the quality of coaches' level by holding his seminar.
- * We can provide both coaches-only seminars and also skaters with coaches.
- * Seminar can be from 1 day to 1 week. With request, we can also hold periodical visits as well.
- * Some skaters who has injury and cannot work jumps can come and work with Gary only for figure, steps and basic skating skills as rehabilitations. FootTrainers' injury treatment and foot-alignment training will be available, too.
- * Skaters who are continuously injured may have some foot alignment or basic skating foundation problems. Gary and FootTrainers can evaluate, and make programs to improve root of cause by combining on-ice and off-ice foot alignment training. This is for federations to retain your talented skaters and help them to achieve their excellence without injury.

* For Skating Clubs

- * Gary is willing to choreograph club ice shows and also perform in your club shows as well. By having Gary as a guest skater, you can charge admission to support your club ice shows.
- * Gary is willing to perform at your competitions with donations.
- * Gary can provide training for coaches on how to teach skating skills, edges, jumps, and spins. This training can be starting from one time training or periodically on an ongoing basis.
- * Gary can choreograph if you want to learn from him deeper level. All elements will be connected with unique steps and movements.
- * Gary can organize some summer camp with your club either at your club or in Oberstdorf, Germany.

* For Skating Coaches

- * Gary will give you advice as to how to get over with your students' road blocks by providing fundamental skating viewpoint. He can explain differently based on his deep skating experience. n
- * Gary won't make an argument or discussion about one technique or others. He only wants to introduce some skating fundamentals.
- * There are very few opportunities in the figure skating world you can get worlds & legend skater's advice without risk of your students being taken away. Since Gary is not skating coach at all, there is no risk your students will leave you to start working with Gary. Gary doesn't spend any time to understand local rules and tests. He also doesn't go to competitions as a coach and even as choreographer. He is very busy for his own practice, seminars, competitions and shows. Please don't be afraid to share your students' problems with Gary.

*For Skaters

- *You will enjoy, smile and have a great time with Gary. You should not miss Gary's seminar when he is visiting your area.
- *Gary can provide private lessons at seminar visit. Chose only 1 thing that you want to learn from Gary because it is only limited to 15-30 minute each skaters. All lessons can be videotaped.
- *You can try to visit Gary in Oberstdorf, Germany for max 2 weeks to help achieve your specific goals. Please ask his schedule in advance if you are interested in visiting him. (Only skater who is responsible to do your homework that Gary provides can revisit.)

* For Ice Rink Facility Manager

- * Gary can visit your ice arena and perform 2-3 times per day. We can provide single day or seasonal contract.
- * Gary provides a beginner's skating school at your ice arena.
- * Gary provide training for young skating instructors to teach beginners to competitive levels.

* For Media

- * Gary can take an interview to write and speak about 50 years of figure skating performance. He competes internationally at over 55 years old, follows an anti-aging, healthy lifestyle, and prioritise your life to enjoy life...
- * Gary can also perform his skating for cameras!

* For Gary's Fans, Supporters and Volunteers

- * We want to expose Gary's skating and share his figure-based skating beauty with as many people as possible in the world. We simply want to pass Gary's knowledge and experiences taken over from many historical skaters and coaches to next generations.
- * You are Gary Beacom's fans and supporters because you understand the fundamental beauty of figure skating, history of this sport, and culture beyond just achieving the highest points of jumps and Olympic medals.

Please contact us if you would like to support and assist his activities to preserve this beautiful skating!

- * Donate to hold Gary's Blade Master Seminars and Performance in your local clubs.
- * Invite Gary to hold local invitational competitions and/or ice shows. (Need to collect donations same as seminar price.)
- * Any support to produce his performance and seminar videos /books.
- * Translate Gary's website and flyers into local languages.
- * Recommend to your local clubs and ice arena to make Gary's seminar happen.
- * Provide skating coaches', clubs', and federations' contact to be interested in holding Gary's seminars.

We are looking forward to hear what you can do to make some actions toward Gary's missions!



See you soon!

Gary
Beacom

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